

FOTILE

**Operation
Instructions**

Please keep it in a safe
place for reference

Be sure to read the
Instructions carefully before
use

Microwave Oven

HW25800P-C2T

Dear user, thank you for your choice of FOTILE products. Please read through the Instructions to be familiar with the correct operation norms and enjoy the cooking.

FOTILE’s promise is to “Make Our Home Better”. It is our duty to let you satisfy with FOTILE products. Please read the Operation Instructions carefully before using the products, and operate the products in compliance with the requirements in the Operation Instructions. The operation instructions herein are important to keep the product in a good working condition. And you will lose the free warranty right in case of any product failure due to your improper use, and any direct or indirect application for free repair will be rejected by FOTILE after-sales service center. Meanwhile, we suggest you contact FOTILE service center when the product need to be repaired whether it is within the warranty period or not, which is quite important for you and FOTILE. Good service is an indispensable part of the product. Our after-sales service center will provide you with the spare parts and professional technical so that high-quality and fast maintenance guarantee as well as easy and careful service is available for you.

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Important Safety Instructions

In order to avoid harm and property damage to users and other personnel, the following distinctions and signs are made. All are important matters related to safety, and you are required to strictly abide by them and use them correctly on the basis of fully understanding the contents.

- 1.This appliance is not intended for use by persons (including children) with reduced physical,sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety
- 2.Children should be supervised to ensure that they do not play with the appliance.








Content distinguished based on the degree of harm and damage





	Danger	Ignorance of this sign and conduct of incorrect operations will be extremely likely to cause personal damage, serious injury, or fire.
	Warning	Ignorance of this sign and conduct of incorrect operations will be likely to cause personal damage, serious injury, or fire.
	Caution	Ignorance of this sign and conduct of incorrect operations will be likely to cause personal injury or property damage.




Caution and prohibition signs











								
Caution, scald	Caution, electric shock	Execute strictly	Grounding required	Prohibited	No open flames	No touch	Do not operate with wet hands	Disassembly prohibited







★Special instruction: Any fault and loss caused by non-compliance with the precautions specified in the Operation Instructions are not covered by the warranty scope of the manufacturer, and the manufacturer will not bear any relevant responsibility. Please keep all documents safe.
If the provisions of the Instructions are inconsistent with the mandatory provisions of national laws, the legal provisions shall prevail.

















 Danger	
 It is forbidden to heat alcohol and alcoholic beverages to avoid explosion.	 It is forbidden to heat liquids or other food in sealed containers. Otherwise, there could be an explosion.
 Take out the foam, cardboard, Instructions and other accessories from the microwave oven before turning on the power to avoid the danger caused by a false startup of the microwave oven.	 Microwave ovens cannot be used to heat fresh and hard-boiled eggs with shells as they may explode when heated in a microwave oven or even afterward.
 Open sealed bottles or bags of food before heating in the oven, or the gas will expand and burst.	 The microwave oven is vulnerable to flare-ups if it is covered with food or grease, so please clean the door and liner of the microwave oven regularly.







 Danger	
 Execute strictly Use a knife or fork to make holes in potatoes, chestnuts, chicken wings, red sausages and other similar round-shaped food before heating to avoid bursting.	 Execute strictly If smoke is observed, switch off or unplug the appliance and keep the door closed in order to stifle any flames.
 It must be grounded To prevent electric shock, it is required to ensure that the microwave oven is well grounded.	

 Warning	
 Prohibited Do not put the mercury thermometer into the oven as it may cause fire or damage.	 Prohibited It is forbidden to heat food oil or fry food, so as to avoid scalding the user with oil droplets.
 Execute strictly Children cannot use this microwave oven unless they can use it in a safe manner after receiving sufficient guidance and understanding that incorrect use will cause danger.	 Execute strictly Cover the food with plastic wrap. Please fold one corner of the plastic wrap to ventilate the steam. Unwrap the plastic wrap carefully after cooking to avoid steam burns.
 Execute strictly Microwave heating of beverages can result in delayed eruptive boiling, therefore care must be taken when handling the container.	 Execute strictly Use a wide-mouthed container when heating liquid food, and leave enough space between the top of the food and the mouth of the container to avoid boiling and spilling food.
 Execute strictly Do not turn on the microwave oven without placing food in it, as this may damage the microwave oven and may also lead to danger.	 Execute strictly When heating food wrapped in plastic or paper, caution the microwave oven closely for the possibility of catching fire.
 Execute strictly Do not use the microwave oven for any storage purposes.	 Execute strictly Beware of microwave radiation.
 Execute strictly Do not use the microwave oven outdoors.	 Execute strictly Do not heat food with a sealed cover.
 Execute strictly Only suitable utensils can be used in the microwave oven. Please refer to the column "Selection of cooking utensils" on pages 21-23 for specific utensils.	 Execute strictly This product is only used for daily household purposes, and not used for commercial purposes or in other special environments.

Warning	
 <p>The contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature checked before consumption, in order to avoid burns.</p>	 <p>The internal temperature is high. When taking out the food after cooking, you need to wear heat-insulating gloves. Do not hold it directly by hand to avoid scalding.</p>
 <p>Do not use sealed containers for heating, such as bottles with lids or nipples, canned food, sealed glass bottles, etc.</p>	 <p>When you finish popping corn, be careful when removing the plastic wrap from the surface to avoid scalding.</p>
 <p>If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person.</p>	 <p>Do not put the narrow-necked bottle directly into the microwave oven for cooking and heating.</p>
 <p>It is hazardous for anyone other than a competent person to carry out any service or repair operation that involves the removal of a cover which gives protection against exposure to microwave energy.</p>	 <p>When the appliance is operated in the combination mode, children should only use the oven under adult supervision due to the temperatures generated.</p>
 <p>Ensure that the appliance is switched off before replacing the lamp to avoid the possibility of electric shock.</p>	 <p>Accessible parts may become hot during use. Young children should be kept away.</p>

Caution	
 <p>Confirm that the power supply voltage to be connected to the microwave oven is consistent with that marked on the nameplate or instruction and that the socket is well grounded.</p>	 <p>The user is advised to keep an eye on the microwave oven when the food is heated in a disposable container. It may catch fire.</p>
 <p>Clean the microwave oven regularly and remove all food residues.</p>	 <p>Caution to avoid contact with the heating unit in the oven as the appliance will be heated during use.</p>
 <p>Take extra care when cooking small amounts of food to prevent overheating from catching fire.</p>	 <p>Please read the Instruction carefully and keep it properly for future reference.</p>

Caution	
 <p>Cool the plate first before washing it with water.</p>	 <p>Make sure the plate does not touch the inside surface of the oven cavity when cooking.</p>
 <p>Do not put cold food or containers on the blazing hot plate.</p>	 <p>Never place boiling hot food or containers on a cooling plate.</p>
 <p>It is better to place a glass cup full of water on the glass plate in the oven every time the microwave oven is used, to avoid damage to the machine due to misoperation.</p>	 <p>Keep the metal grill or aluminum foil package away from the interior of the oven cavity to prevent damage to the microwave oven due to fire during operation.</p>
 <p>The instructions for ovens incorporating a fan with a guard that can be removed for cleaning shall state that the oven must be switched off before removing the guard and that, after cleaning, the guard must be replaced in accordance with the instructions.</p>	 <p>The microwave oven can still work normally when the power supply fluctuates from 198V to 242V. However, the output power and working time will be affected. Therefore, adjust the cooking time according to the actual situation during the operation.</p>
 <p>The microwave oven is specially designed for domestic heating and cooking, so it is not suitable for other industrial and commercial uses.</p>	 <p>It is recommended to install a series switch in the microwave oven socket so that the power can be turned off quickly in case of emergency.</p>
 <p>Do not use metal utensils during microwave cooking, and do not use utensils with gold and silver edges. Porcelain, heat-resistant glass, heat-resistant plastic or paperware are usually used in microwave ovens.</p>	 <p>Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.</p>
 <p>It is recommended to use the accessories recommended by the manufacturer. Do not use non-standard accessories.</p>	 <p>Do not clean the door glass with a rough scrub or a sharp metal scraper, which will scratch the surface of the glass and cause.</p>
 <p>Caution that the maximum load weight of the plate cannot exceed 5kg.</p>	 <p>The appliance shall not be cleaned with a steam cleaner.</p>

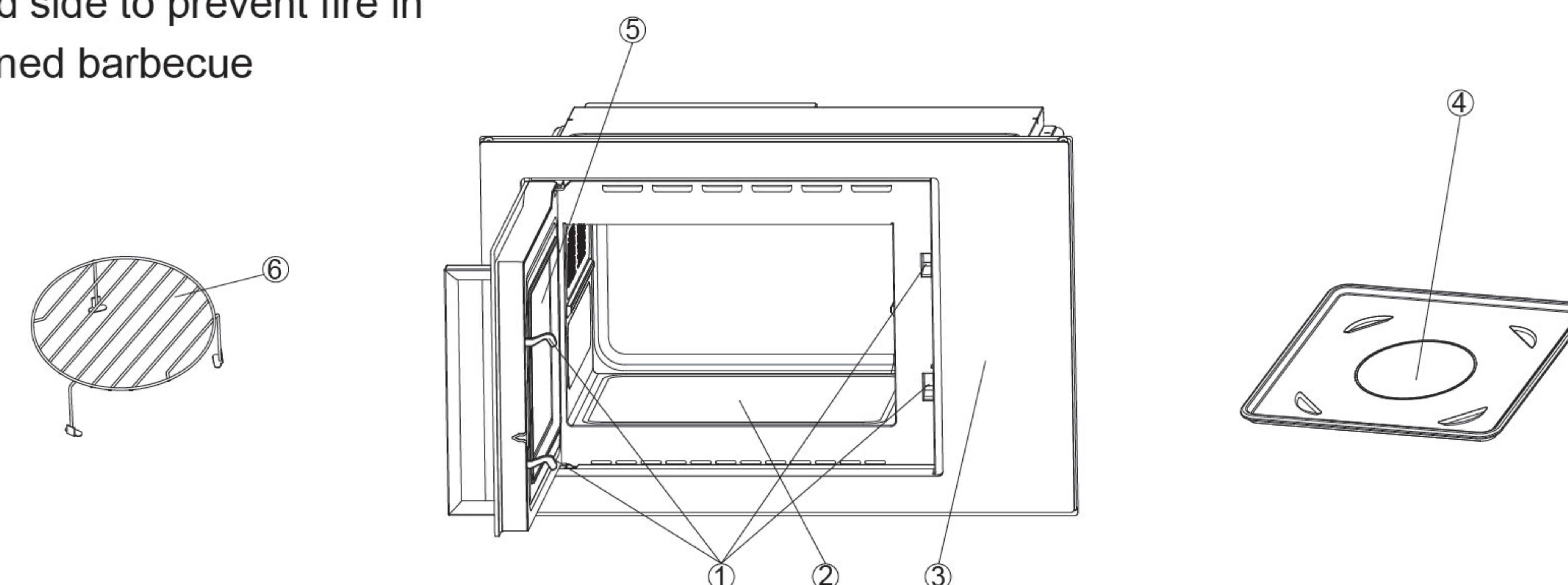
⚠ Caution	
 Execute strictly	The microwave oven is intended for heating food and beverages. Drying of food or clothing and heating of warming pads, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition or fire.
 Execute strictly	If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.
 Execute strictly	1.The appliance must be operated with any cabinet door open. 2.This surface of storage drawer can get hot after use. 3.The appliance must not be installed behind a decorative door in order to avoid overheating.
 Execute strictly	After installing the microwave oven, if the power plug cannot be touched, it shall be realized by the fixed wiring switch meeting wiring rules, in order to cut off the power through such switches during repair or in an emergency.
 Execute strictly	This appliance is only intended to be used in household
 Execute strictly	When using a glass tray, it should be gently placed horizontally into the cavity. When using a circular grill, the three brackets should be facing downwards and gently placed into the cavity

Introduction to product structure



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Place the grill as shown on the labeled side to prevent fire in combined barbecue

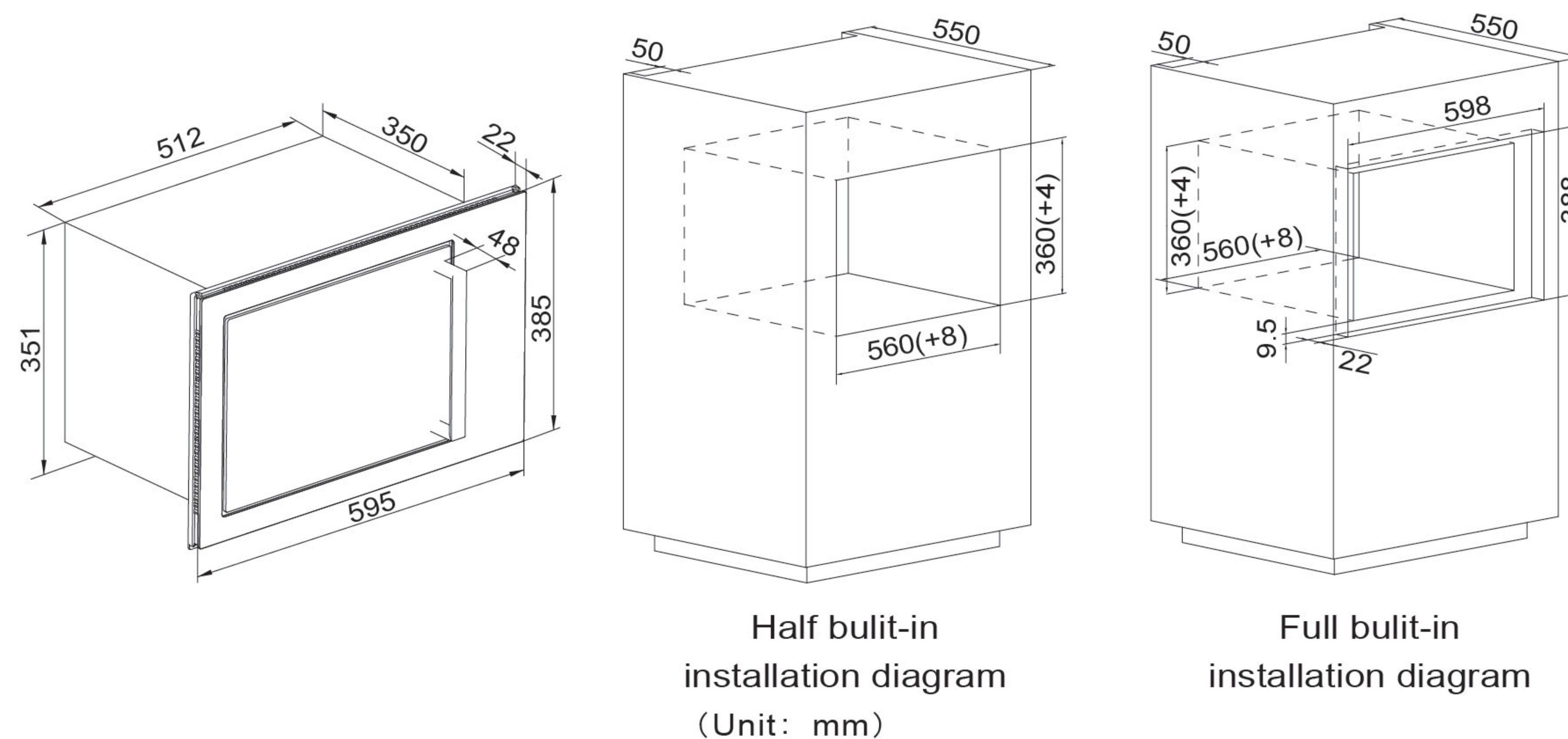


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1. Door safety interlock system - ensure that the microwave oven cannot work when the oven door is opened; The microwave oven will only work when the door is closed.
2. Glass-ceramic plate - food cooking area, place the container with food in the center of the glass-ceramic when cooking. Do not put food directly on the microcrystalline glass plate. Clean the microcrystalline glass plate after it cools down after cooking.
3. Control panel - microwave oven function control.
4. Glass oil drip pan - It is suitable for cooking in barbecue and combined barbecue modes. When barbecuing directly on the grill, the glass oil drip pan shall be placed directly below the food placed on the grill to collect the grease or liquid dripping from the food during the barbecue process (the glass oil drip pan shall be cleaned after it has cooled).
5. Viewing window - observe the working condition through the mesh.
6. Grill - Place food on the grill when cooking in barbecue or combination mode. To avoid unintentional misuse of the grill in a separate microwave program, do not store it in the microwave oven.

Installation

Installed in cupboards such as high cabinets (except hanging cabinets)



1. Place the microwave oven in the cupboard shown on the upper.
2. Be sure to center the microwave oven to the cupboard with four 4x25 screws.
3. The cupboard bottom plate is 8mm below the built-in frame of the microwave oven.
4. The installation position of the socket shall be 100mm higher than the cupboard mounting plate.
(It is better to be installed on the upper layer of the high cabinet to facilitate pulling out the power supply.)
5. The power socket is installed behind the microwave oven, as shown in the figure. The installation depth of the cupboard is required to be $\geq 400\text{mm}$.
6. The microwave oven installed under the hob shall meet the following requirements: There is a partition in the middle and the distance between products is 10cm, and the gas pipe of the stove is made of bellows and will not touch the product. If the built-in cabinet is equipped with a cooking range, make ensure that the power supply line or gas supply pipe of the cooking range will not naturally fall into the product (the normal distance to ensure at least 10cm, and there is a heat insulation plate in the middle of the product to avoid danger). Ensure that there is no water or sundries falling (leaking) into the cabinet above the cabinet (including the stove) during normal use. Please improve your installation environment to meet the installation requirements if it does not meet the requirements. Non-conforming installation may cause property damage or personal injury.

Independent air duct technology:

It is equipped with a self-circulation ventilation design and an exhaust system with a forwarding inlet and outlet, which can solve the difficult problem of heat dissipation of the built-in microwave oven more effectively. When installing, you only need to put the microwave oven into the cupboard and fix it, so it is not necessary to make extra complicated heat dissipation channels for the cupboard, which is convenient and safe to use.

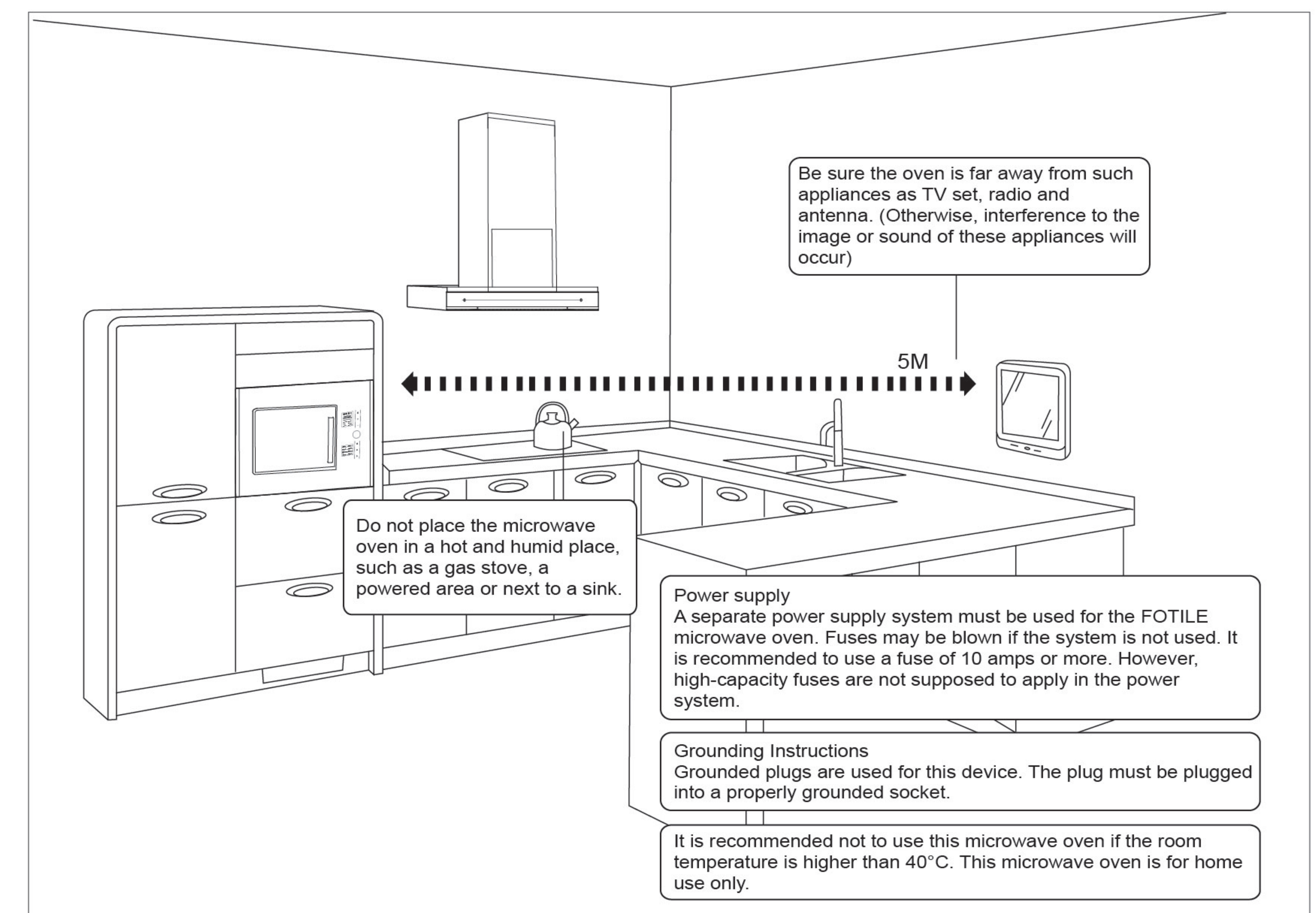
Installation location and environment:

1. Take out the package in the microwave oven and carefully check whether the microwave oven is damaged.

For example:

- a. Whether there is any sign of impact or heavy pressure on the oven body.
- b. Whether the oven door is flat and the opening and closing are smooth and flexible.
- c. Whether the metal insulation mesh on the oven door is bent or deformed.
- d. Check whether the power cable is damaged or loose. Please call the FOTILE service hotline if you find the above situation.

2. The microwave oven must be placed flat in a ventilated, dry and non-corrosive environment, away from high temperature and steam.
3. The microwave oven should be far away from TV, radio and antenna (generally more than 5m), otherwise, interference will be caused.
4. The microwave oven shall be placed in a place where the power cable can be easily inserted. In order to prevent electric shock, the microwave oven must be well grounded.



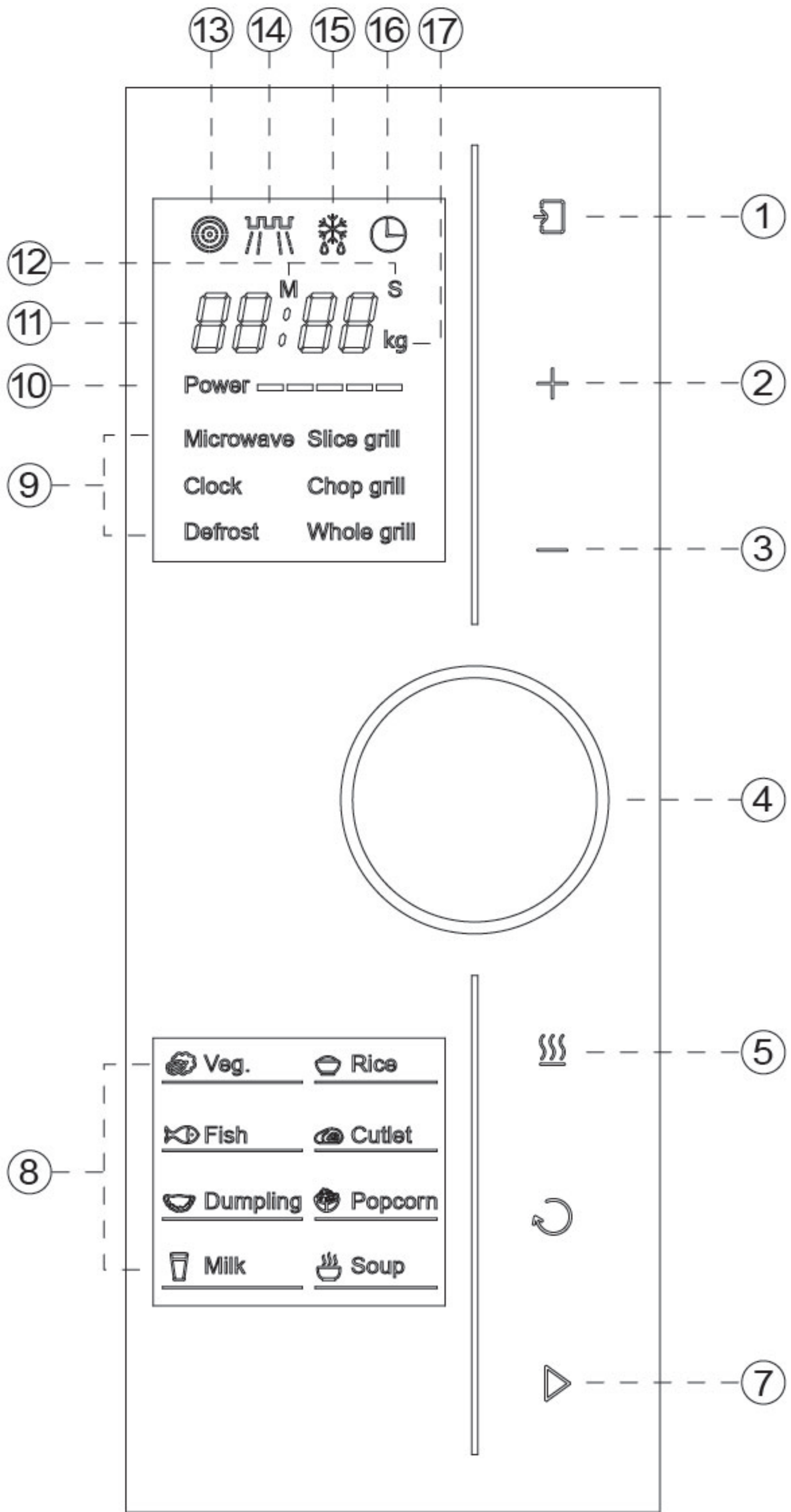
Quick Use Guide

I. Description of Control Panel

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Description of button function:

- ① “ ” Function and menu selection button: This button is used to select Microwave, Slice grill, Chop grill, Whole grill, Rice, Cutlet, Popcorn, Soup, Milk, Dumpling, Fish, Veg., Defrost, Clock. You can select by touching the button at an interval or by touching the button all the time. Keep touching for 1 second and then it will quickly and automatically cycle through the selection. Cycle order: "Microwave → Slice grill → Chop grill → Whole grill → Rice → Cutlet → Popcorn → Soup → Milk → Dumpling → Fish → Veg. → Defrost → Clock".
- ② “+” Button: When setting, you can select the function, menu, and increase time and weight. You can touch the settings at an interval or touch the button all the time. It will increase automatically after touching for 1 second.
- ③ “-” Button: When setting, you can select the function, menu, and decrease time and weight. You can touch the settings at an interval or touch the button all the time. It will automatically decrease after touching for 1 second.
- ④ “○” Button: Touch this button to enter the menu or function setting when the screen is off, and touch this button to terminate the work when the microwave oven is cooking.
- ⑤ “ ” Button: Touch this button to directly set the cooking time for fast heating.
- ⑥ “↶” Button: return to the previous level menu during parameter setting, stop working in the cooking state and return to the initial menu interface.
- ⑦ “▶” Button: Confirm and start button, which is used to confirm the setting and start working.
- ⑧ Fixed menu: This icon shows that you are setting a fixed menu (Veg. , Fish , Dumpling , Milk , Rice , Cutlet , Popcorn , Soup). After selecting the weight, you can start cooking.



- ⑨ Microwave oven mode icon: It displays the cooking mode preset by the system or the cooking mode you selected
- ⑩ Microwave firepower icon: You can set the firepower of the microwave in microwave state.
- ⑪ Clock display: It displays in real-time the cooking time and system time you set.
- ⑫ Time unit: It displays the unit of the time you are setting or the time of such work process.
- ⑬ Microwave icon: If this icon is displayed, it indicates that it is in a microwave state.
- ⑭ Grill icon: If this icon is displayed, it indicates that it is in the grill state.
- ⑮ Defrost icon: If this icon is displayed, it indicates that it is in the defrosting state.
- ⑯ Clock icon: This icon is displayed in the clock state.
- ⑰ Weight unit: This icon shows the weight unit you are setting.

II. Precautions Prior to Use

- ★ Preparation before initial use. Before use, please remove the packaging bag of the grill and clean the grill!
- When the microwave oven is used for the first time, there may be a peculiar smell or even white smoke, which is caused by the volatilization of the protective oil on the components when heated, rather than a fault. This situation will not occur again after several times of use. It is recommended that you should operate in the following way: (first, use Slice grill mode, then use Microwave mode)
- 1.Before use (Slice grill), set the program to grill mode and work for 2-3 minutes.
 - 2.Before use (Microwave mode), put a glass of water on the glass ceramics and set the microwave to work at high power for 2-3 minutes.
- ★ Check for damage
- Please confirm the following items before each use of the microwave oven:
- 1.Whether the oven body is damaged, deformed or cracked.
 - 2.Whether the oven door is damaged and the switch is normal.
 - 3.Whether the metal plate on the oven door is bent, deformed or cracked.
 - 4.Whether the mesh on the oven door is stuck with food or greasy dirt.
 - 5.Whether the door opening button is functioning and whether the door hook is damaged.
 - 6.When the microwave oven door or its adjacent parts are damaged or the microwave oven door is on, do not attempt to operate the microwave oven until it is repaired by professional repair technicians.
 - 7.If the power cable is damaged, it must be replaced by the after-sales maintenance personnel or professional technicians of FOTILE.

⚠ In case of the above situations, please do not use the microwave oven, which must be repaired by the after-sales repair personnel or professional technicians of FOTILE.

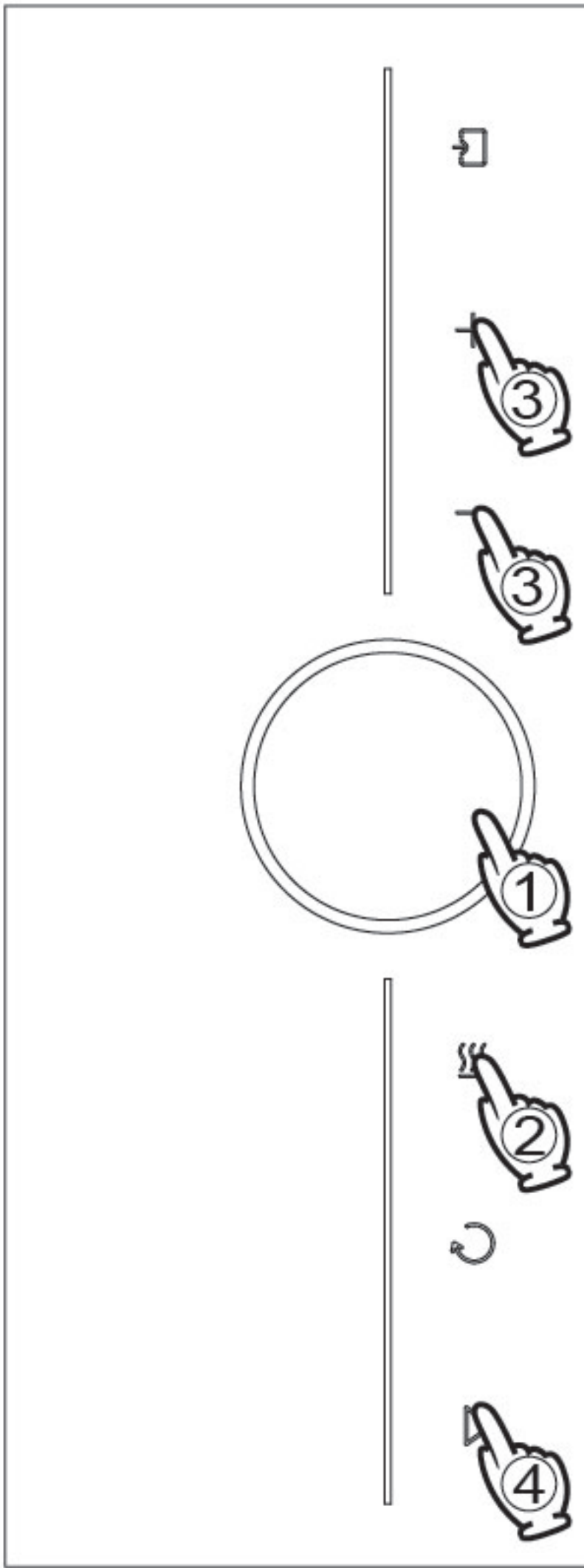
★ Food

- 1.Do not boil eggs with shells, which will burst under pressure. In addition, egg yolk and egg white should also be punctured several times with toothpicks.
- 2.Do not cook it too long, since you can continue to cook it if it is undercooked, but if overcooked, you can't remedy it.
- 3.Factors affecting cooking time include the degree of thorough cooking you like, the initial temperature of the food, the size and shape of the food, the weight of the food, the shape and size of the utensils you use, and the arrangement, covering and stirring of the food. Please refer to "Microwave Cooking Skills", and then refer to these factors to adjust the cooking time appropriately.
- 4.For food without holes on the surface (such as eggs, chestnuts, potatoes, sausages, etc.), please remove the peel or open a crack or several small holes on the skin, otherwise it may burst when heated.
- 5.Do not use microwave to fry food.
- 6.During grill, do not cover the food, because the food needs to directly absorb radiant heat.

⚠Warning: Taking out the boiled Tangyuan or poached eggs and the like immediately may cause human body injury due to the bursting of the internal boiling liquid. Open the door of the oven, leave it there for a while, and then take it out to eat.

III. Fast Heating

Setting of the quick heating function (this function is only applicable to the quick start of 100% fire of the microwave function): When the display screen is off, ①Touch the ○ button; ② Touch the 〰️ button, the screen will flash and display "1:00", and "Microwave", "M" and "S" will light up. ③ At this time then touch the + button or — button to set the cooking time. The microwave time will increase or decrease by 30 seconds for each touch of the + button or — button, with a maximum time of 10 minutes. After setting the time, ④ touch the▶️button to confirm and start the microwave work. The microwave firepower is P100 by default. (As shown in the picture on the right)



Fast heating

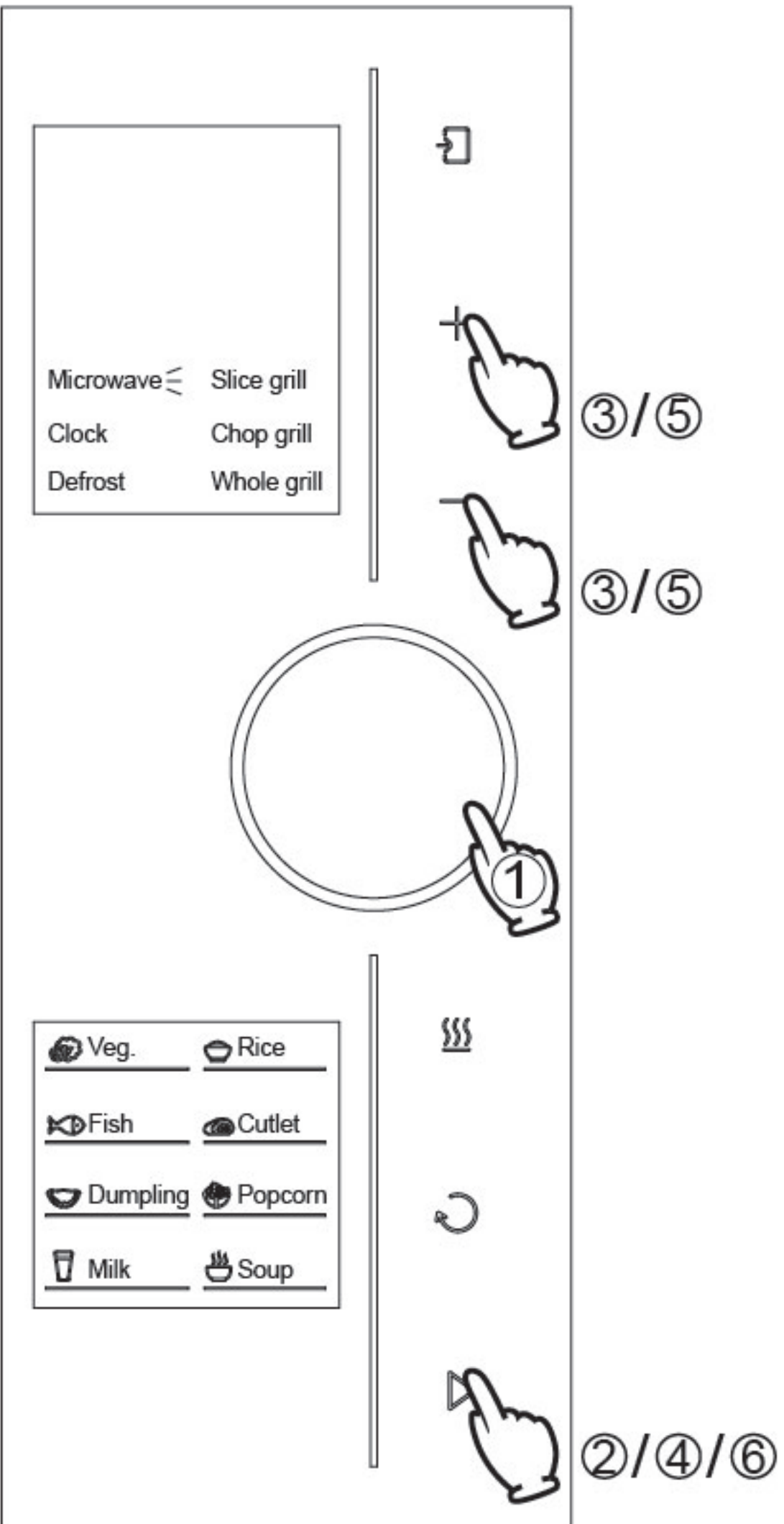
IV. Cooking with Microwave

Operation of Microwave
Step 1: Function selection. When the display screen is off, ① touch the ○ button, and the display screen flashes and displays "Microwave", other basic function icons light up at the same time; ② At this time, touch the ▶️ button, the screen will flash and display "P100", and "Microwave" will light up. At this time, enter the firepower settings;
Step 2: Set firepower and cooking time. ③ When the microwave firepower icon flashes, set the firepower with the or the + button and touch the — button to confirm; ④ Touch the ▶️ button to confirm. ⑤ When the time flashes, set the time by pressing the + button or the — button.
Step 3: ⑥ Touch the ▶️ button to confirm the time and start the microwave oven at the same time.
For example, set a 20-minute long microwave under medium or high firepower.

- ①When the display screen is not lit, touch the ○ button and then touch the ▶️ button.
 - ②Touch the—button once to display "P80", and then touch the ▶️ button to confirm the firepower setting.
 - ③Set the time. Keep touching the + button to make the time displayed as 20 minutes 00 seconds.
 - ④Touch the ▶️ button for cooking.
- Display during operation: ⌚ , a countdown of the set time, "M", "S" and "Microwave".
Note: The microwave firepower cycle is "P100⇌P80⇌P60⇌P40⇌P20".

Microwave firepower - firepower property comparison table

Microwave firepower	P100	P80	P60	P40	P20
Firepower property	High heat	Medium-high heat	Medium heat	Medium-low heat	Low heat



Microwave

Advanced operation

I. Clock Setting Description

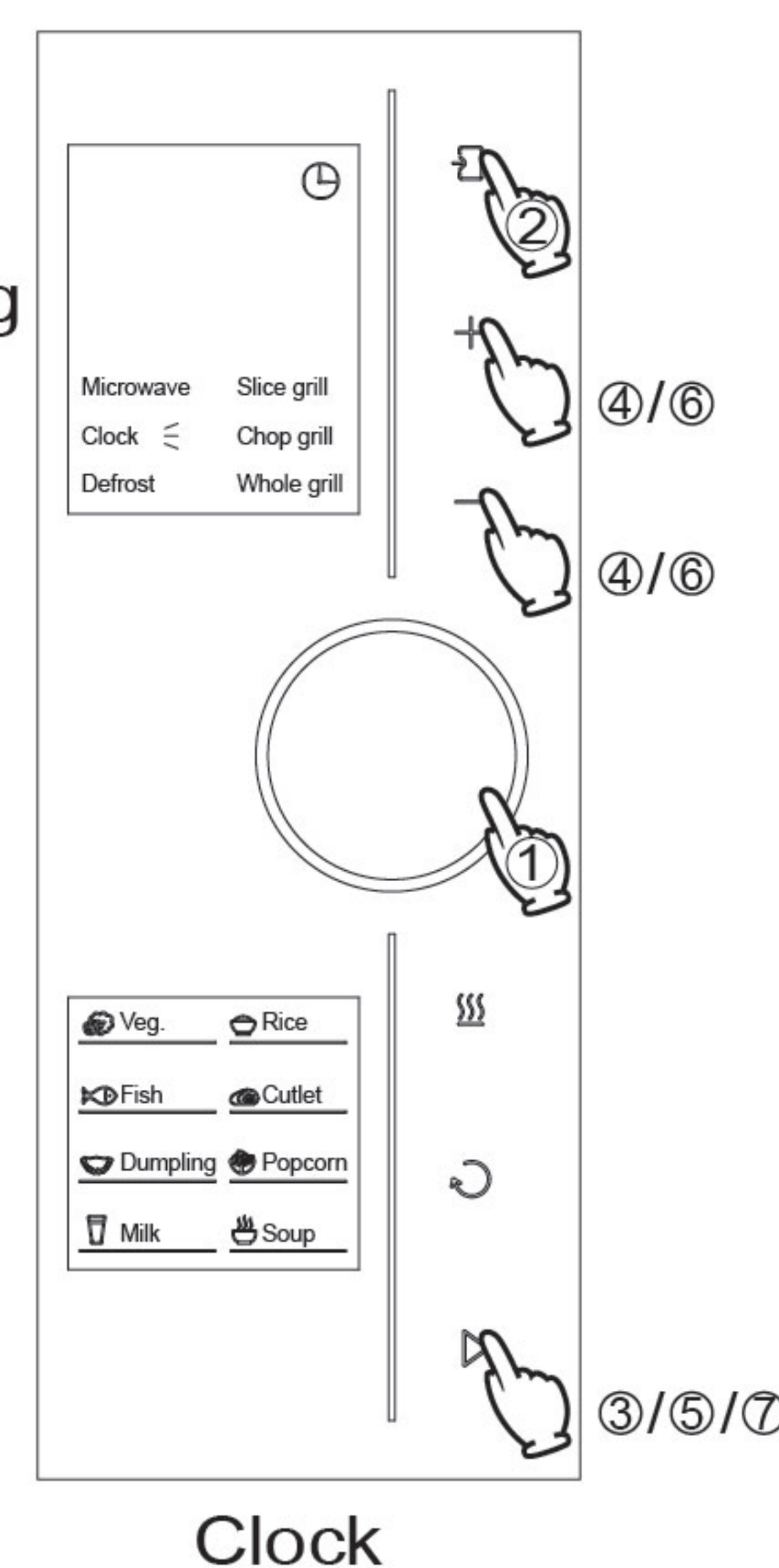
Turn on the power

The display will all light up for 1 second after powering on and then going off, the buzzer will sound once and the clock will start timing from 0:00.

Clock setting function (This oven is based on a 24-hour system)

Step 1: Function selection. When the display screen is not lit, ① touch the ○ button; ② then touch the □ button to make the display screen flash to display the "Clock", and other basic function icons light up at the same time; ③ At this time, touch the ▷ button again, the screen will flash and display the current time, and "⌚" and "Clock" will light up. Step 2: Set the hour place. ④ Touch the + button or the — button to adjust the time; ⑤ Touch the ▷ button to set the minutes;

Step 3: Set the minute place. ⑥ Touch the + button or the — button to adjust the time; ⑦ Touch the ▷ button to complete the clock setting.



Clock

II. Operation of Other Cooking Function Modes

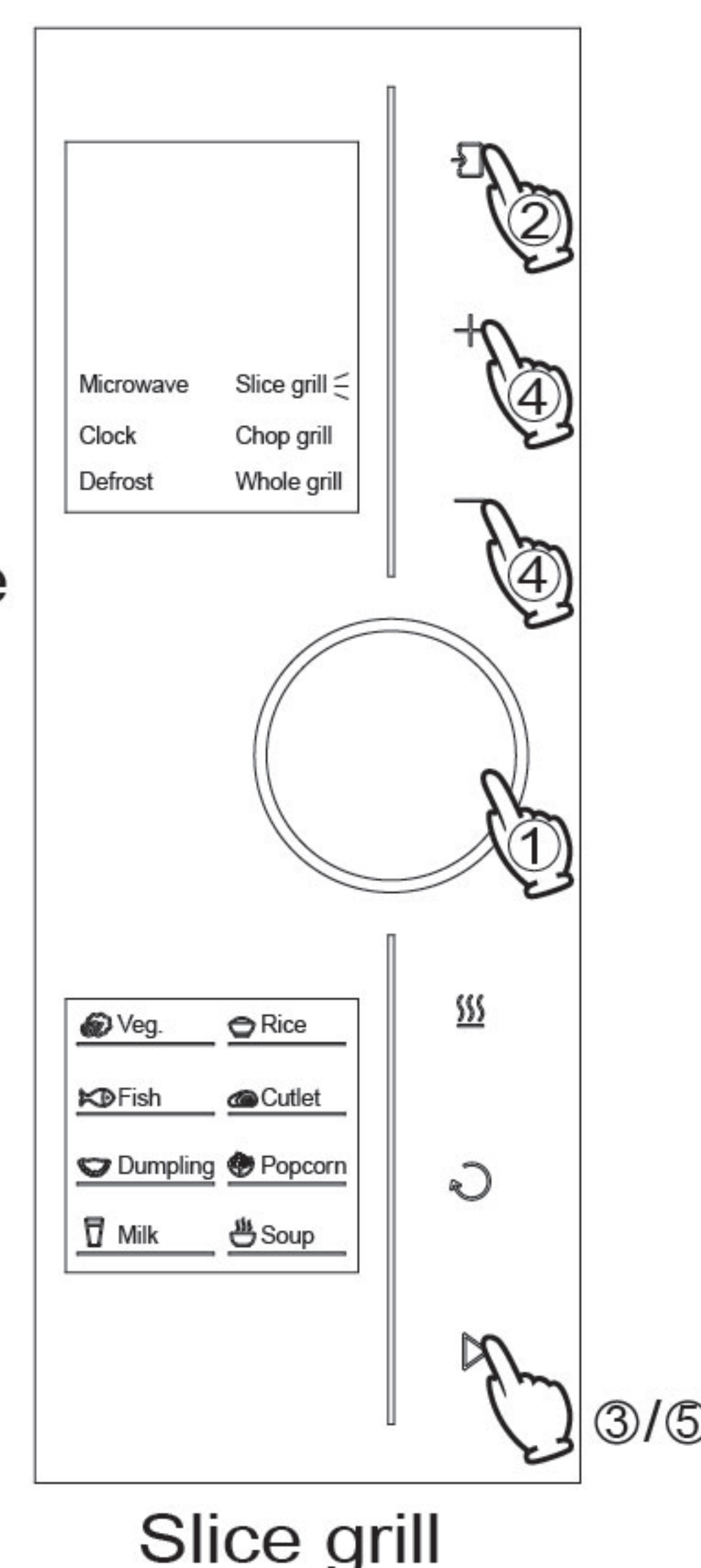
- Operation of Slice grill (this cooking mode is 100% grill firepower cooking for toast, etc.)

Step 1: Function selection. When the display screen is not lit, ① touch the ○ button; ② Then touch the □ button to make the display screen flash to display "Slice grill", and other basic function icons light up at the same time; ③ Touch the ▷ button, the screen will flash and display "0:10", and "Slice grill", "M" and "S" will light up.

Step 2: Set the time. ④ When the time flashes, set the time by pressing the + button or the — button.

Step 3: ⑤ touch the ▷ button to confirm, and Slice grill starts to work.

Display during operation: "⌚", a countdown of the set time, "M", "S" and "Thin Slice Barbecue".



Slice grill

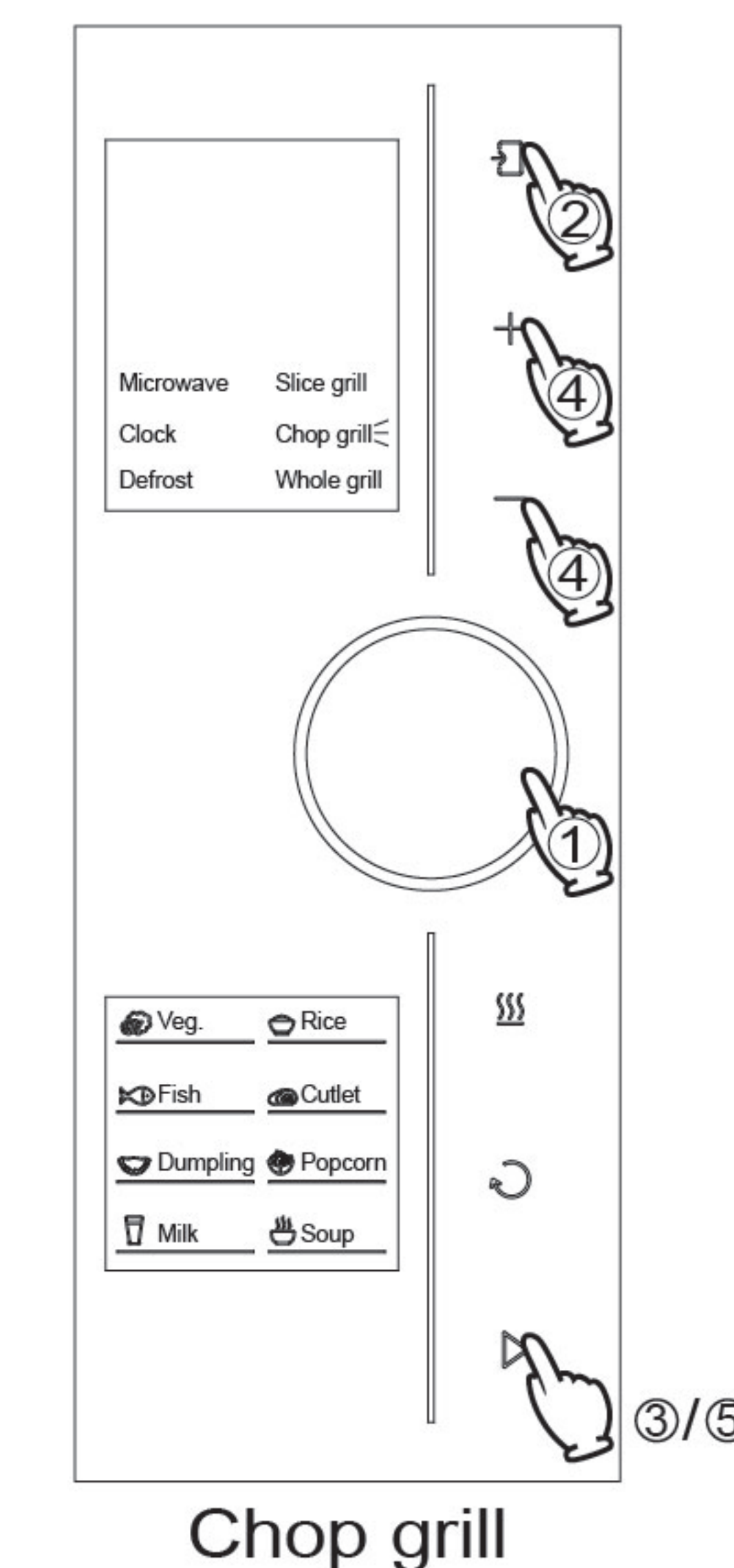
- Operation of Chop grill (this cooking mode is a combination of cooking of 30% microwave firepower and 70% grill firepower, which is suitable for western-style beefsteak, etc.)

Step 1: Function selection. When the display screen is not lit, ① touch the ○ button; ② Touch the □ button again to make the display screen flash to display "Chop grill", and other basic function icons light up at the same time; ③ At this time, touch the ▷ button, the screen will flash and display "0:10", and "Chop grill", "M" and "S" will light up.

Step 2: Set the time. ④ When the time flashes, set the time by pressing the + button or the — button.

Step 3: ⑤ Touch the ▷ button to confirm, and the Chop grill starts to work.

Display during operation: "⌚", a countdown of the set time, "M", "S" and "Chop grill".



Chop grill

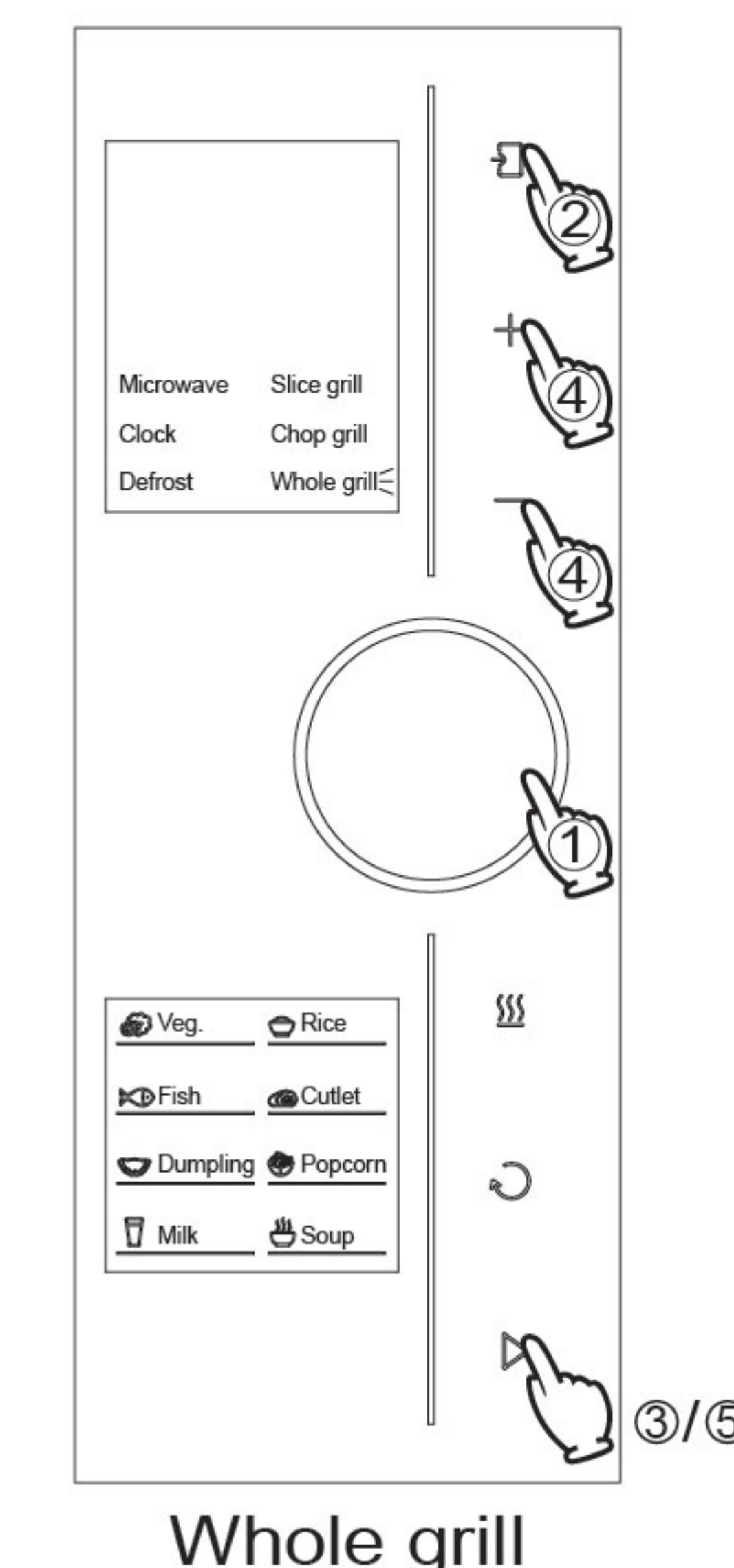
- Operation of Whole grill (This cooking mode is a combination cooking of 55% microwave firepower and 45% grill firepower, which is suitable for meats, whole chicken, duck, goose, etc.)

Step 1: Function selection. When the display screen is not lit, ① touch the ○ button; ② Touch the □ button to make the display screen flash to display "Whole grill", and other basic function icons light up at the same time; ③ At this time, touch the ▷ button, the screen flashes to display "0:10", and "Whole grill", "M" and "S" will light up.

Step 2: Set the time. ④ When the time flashes, set the time by pressing the + button or the — button.


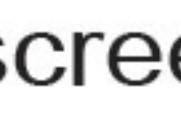

Step 3: ⑤ Touch the ▷ button to confirm, and the Whole grill starts to work.



Display during operation: "⌚", a countdown of the set time, "M", "S" and "Whole grill".



Whole grill


● Operation of Defrost

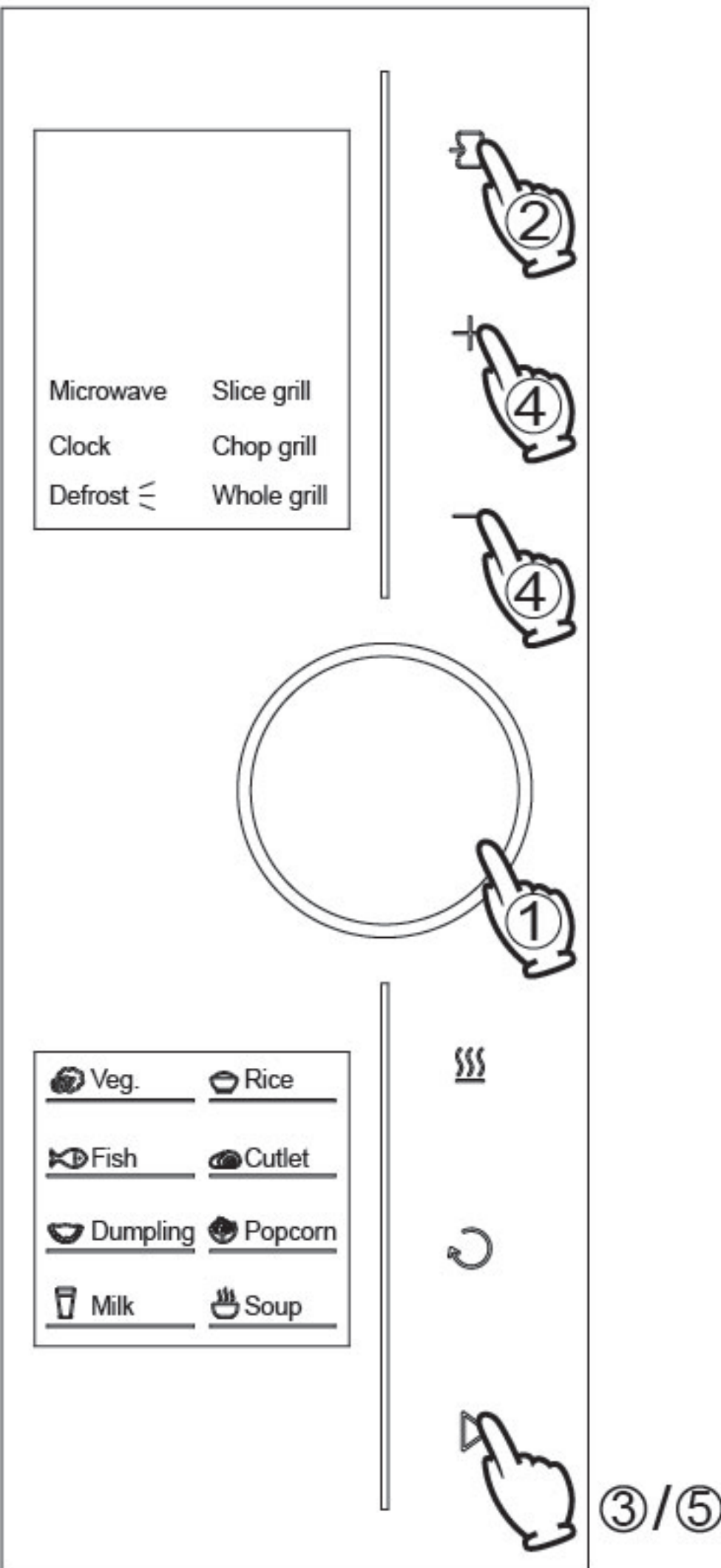
Step 1: Function selection. When the display screen is not lit, ① touch the  button; ② Touch the  button again to make the display screen flash to display the "Defrost", and other basic function icons light up at the same time; ③ At this time, touch the  button, the screen will flash and display "0:10", and "kg" and "Defrost" will light up.

Step 2: set weight. ④ When the weight flashes, set the weight with the  button or the  button. Each plus/minus of weight is plus/minus 0.10kg. The plus/minus of weight can be made continuously;

Step 3: ⑤ Touch the  button to confirm, and Defrost work begins.



Display during operation: "❄", the countdown of the time corresponding to the weight starts, "M", "S" and "Defrost".




Note: The weight range is 0.10kg~1.80kg. During the heating process, an alarm will be given to remind you to turn over the food. It stops working when the time is over. If you touch the  button, it continues to work.




Defrost




III. Operation of Fixed Menus


Step 1: Function selection. When the display screen is not lit, ① touch the  button; ② and then touch the  button to select different menus.

Step 2: set weight. ③ Touch the  button to select the function. ④ Touch the  button or the  button to set the different weights of the selection menu;

Step 3: ⑤ Touch the  button to confirm the weight and then it starts the menu cooking.

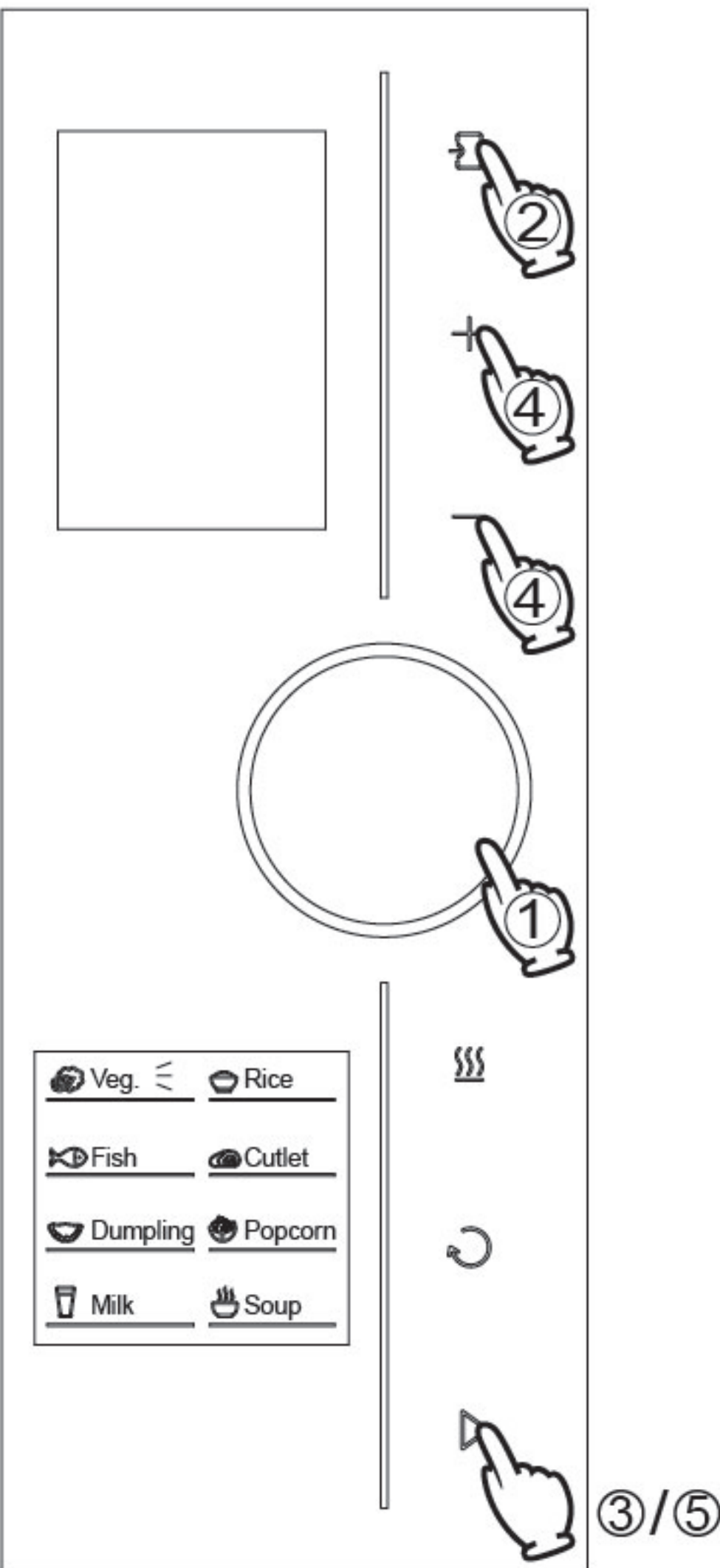
For example, cooking 0.30kg of fish steaming.

①、When the display screen is off, touch the  button, and then press and hold the  button to select the Fish mode, and then touch the  button.

②、Touch the  button once.


③、Touch the  button for cooking.


Display during operation: the countdown of the time corresponding to the weight starts, "M", "S" and "Fish". Veg., Cutlet, Dumpling, Rice, Popcorn, Milk and Soup are set up similarly to the fish steaming cooking.



Fish steaming menu

Menu and corresponding weight range.

Name of fixed menu	Weight range
Fish	0.20kg~0.60kg
Cutlet	0.20kg~0.60kg During the heating process, the time will be paused to prompt the user to turn over the meat piece, and then touch the  button continues to work.
Dumpling	0.10kg~0.50kg
Rice	0.15kg~0.60kg
Popcorn	0.07kg/0.13kg
Milk	0.23kg~0.69kg
Veg.	0.10kg~0.50kg
Soup	0.50kg~1.5kg

-  1.The procedure set out above is designed for food at a temperature of 20°C to 25°C (milk at 4°C to 6°C). The cooking effect will be different if the food is cooked at different temperatures, so please adjust the cooking time by yourself.
- 2.It is recommended to cover the food with a layer of plastic wrap when steaming fish, to prevent water evaporation during cooking.
- 3.The shape, weight and temperature of the food will affect the final effect. Please follow the conditions mentioned above when using the auto menu, and if the final result is not satisfactory, please adjust it yourself.
- 4.The effect of automatic menu cooking is affected by factors such as personal cooking habits, food placement, shape and size, portion size and grid voltage, etc. If it is not well cooked, then adjust the cooking time appropriately according to the actual situation.

IV. Other Additional Functions

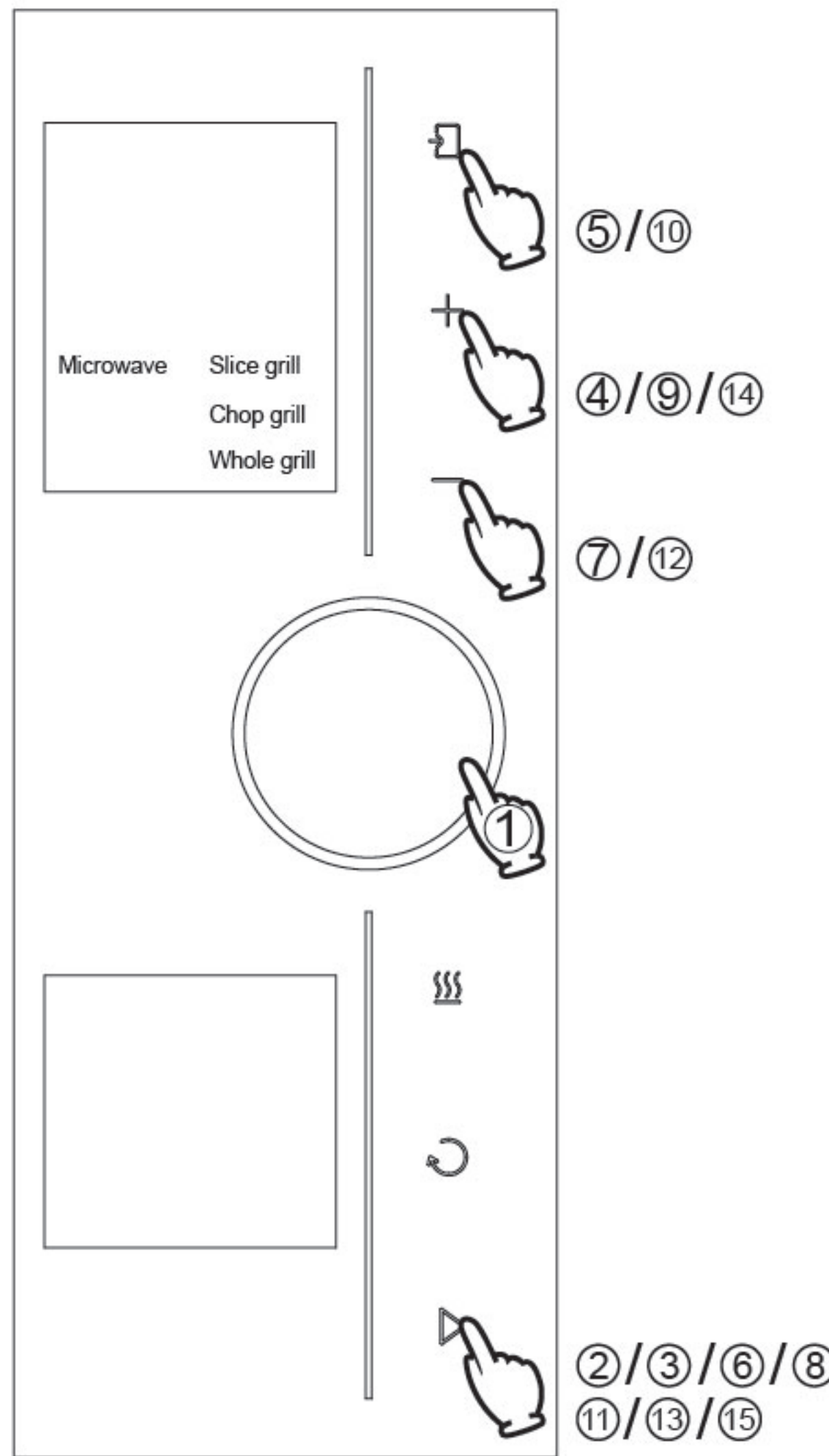
Return function

- Return to the previous menu during parameter setting.
- Stop the work when cooking and return to the initial menu screen.

Setting of multi-stage functions

Meaning of multi-stage function: the continuous setting and continuous working function Different or the same firepower and time can be set continuously. Functions of working continuously in order according to the functions set continuously.

- In the multi-segment function setting, the four functions of Microwave, Slice grill, Chop grill, Whole grill can be set in multiple segments.
- And two consecutive segments may not be the same P100 Microwave, Slice grill, Chop grill, Whole grill.
- Three stages can be set at most for the multi-stage function.



Setting of multi-stage functions

For example: heat a bowl of porridge with different firepower.

Step 1: set the function for the first stage. Set 100% microwave firepower for 6 minutes according to the microwave setting method. Steps 1, 2, 3, and 4 of the finger in the figure. (Do not touch the ▷ button to proceed with step 2)

Step 2: Set the function for the second stage. Set 5 minutes of 40% microwave firepower as per the microwave setting method, as shown in steps 5, 6, 7, 8 and 9 indicated by the finger in the figure. (Still do not touch >▷button to proceed with step 3)

Step 3: set the function for the third stage. Then follow the microwave setting method to set the microwave at 20% firepower for 4 minutes, and then touch the ▷ button to start working. Steps 10, 11, 12, 13, 14 and 15 are shown in the figure.

Query function

When working, touch the ⏸ button once, the display shows: "⌚", the current clock time, and automatically returns to the working interface after 5 seconds.

Fan time delay function

The fan will continue to run for 2 minutes after the microwave oven stops working. Cool down the oven to prolong its service life.

Door control

The oven lamp does not light up when the door is opened. If the microwave oven is in a working state, the operation will be stopped. It remains paused after closing the door and can be started again by touching the ▷ button.

Power saving function

It will shut down automatically if there is no operation for 20 seconds in the non-working state of the homepage.

How to Use Microwave Oven

I. Microwave

- 1. Microwave is a common high-frequency electromagnetic wave in nature, which can be used for heating. But it is dispersed in nature, so it is not possible to use it for heating. Using magnetron to convert electric energy into microwave energy, the microwave oven creates a huge microwave energy field in its liner, which makes food molecules vibrate violently to achieve the purpose of heating.
- 2.Microwave has the following three characteristics:
 - 1) Absorptivity: Microwave can cause violent vibration among food molecules to achieve the effect of heating, but microwave permeability depends on the size, shape and characteristics of food.
 - 2) Reflectivity: Microwave can reflect on the surface between the liner metal to establish a stable microwave energy field thus avoiding local overheating of the inner cavity.
 - 3) Permeability: Microwave can penetrate ceramics, glass and high temperature resistant plastics. It is recommended to use containers with good microwave permeability.

II.Operation of Microwave Cooking

- ★ Food placement:

Place the thick food outward, the thin food inward (the center) The microwave container containing the cooking food is placed in the center of the microcrystalline glass plate for best cooking results.
- ★ Determine the cooking time:

Start with a short cooking time and then add time depending on the situation after cooking. The food will burn and catch fire if cooked too long.
- ★ Covering of food:

Cover the food with microwave-resistant paper, cover or tissue. This will prevent juice splashing and help food cook evenly.
- ★ Partial covering of food:

To prevent over cooking the thin parts of the meat, wrap them in aluminum foil when thawing.
- ★ Mixing of food:

Stir the food once or twice from outside to inside during the cooking process if necessary.
- ★ Food turning:

When cooking drumsticks, burgers or steaks, turn them over halfway through the time to achieve even cooking effects.
- ★ Food re-placement:

Change the position of the food in the middle of cooking, such as changing the food in the periphery to the middle, and changing the food in the upper layer to the lower layers to achieve even cooking effects.
- ★ Set-aside of food:


The food shall be set aside for a suitable period of time after cooking. If possible, the food should be taken out of the oven and stirred. Cover the food when it is set aside so that it can be cooked completely.
- ★ Doneness inspection:

The color and hardness of the food after cooking can be used to test the degree of raw and cooked food. The method is as follows: whether the whole food has steam overflow, not just local or edge; Whether poultry joints are easy to tear There is no blood in the meat or poultry; The fish has been cooked (non-transparent) and can be easily torn with a knife and fork.
- ★ Moisture condensation:

Moisture condensation is a normal phenomenon in microwave cooking. During cooking, the water and moisture inside the food are evaporated by heating, which increases the moisture content in the oven cavity. (Generally, the moisture condensed in covered food is less than that in uncovered food). Therefore, always keep the microwave oven well ventilated.
- ★ Frying pan for microwave oven:

When frying pan or heating materials are used, a heat-resistant insulator, such as a ceramic pan, shall be used to separate the frying pan from the ceramic base plate to prevent the ceramic base plate from bursting due to excessive heating.

- ★ Plastic wrap for microwave oven:
Do not leave the plastic wrap in contact with the surface of the food when cooking oily food, as the plastic wrap may melt.
- ★ Plastic ware for microwave oven:
Some plastic utensils for microwave ovens shall not be used to cook foods with a lot of oil or sugar.



Warning: Do not use microwave firepower without food in the oven, and do not use metal utensils to avoid fire or danger.

III. Microwave and Grill

Microwave is penetrating, capable of penetrating into the interior of food to make it quickly cooked, but cannot make the food surface yellow and brittle.

Grill is light wave tube radiation heating, which can bake the food surface into burnt yellow to increase its color sense. However, in case of thick food, it may happen that the surface is burnt, but the interior is underdone.

Therefore, depending on the characteristics of food and in combination with the advantages of microwave and grill heating methods, the grill combination function of microwave oven can be used to achieve satisfactory result.

IV. Defrost

Defrosting the frozen food is a major feature of microwave ovens. The thickness of the microwave penetrating the food on one side shall not exceed 4cm. If the thicker large pieces of food are thawed, they shall be turned over from time to time and the thawed parts shall be taken out to achieve a better thawing effect. Otherwise, it is likely to happen that the food surface is hot but the food center is still not unfrozen.

1. It is necessary to turn over the food during the defrosting process to ensure even defrosting of the food.
2. Good effect of defrosting is achieved if the food can be cut easily with a knife.
3. Generally, it takes a little longer to thaw food than to cook it.
4. The defrosted food should not be put into the refrigerator for freezing again, but be eaten as soon as possible.

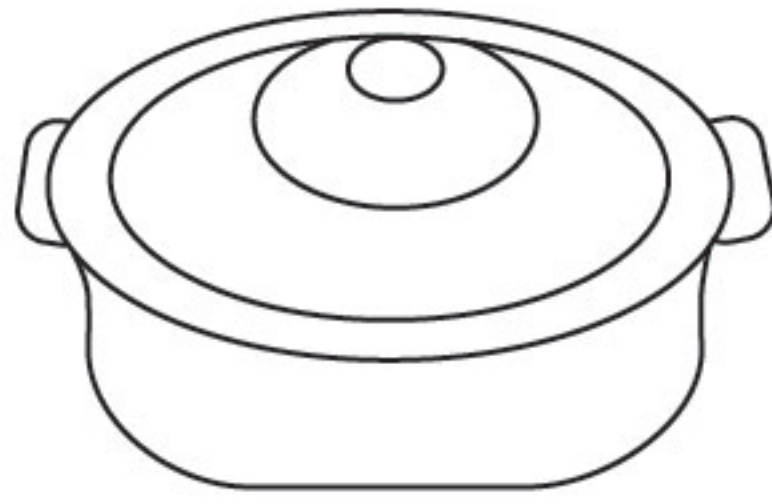

V. Method of Defrosting Food

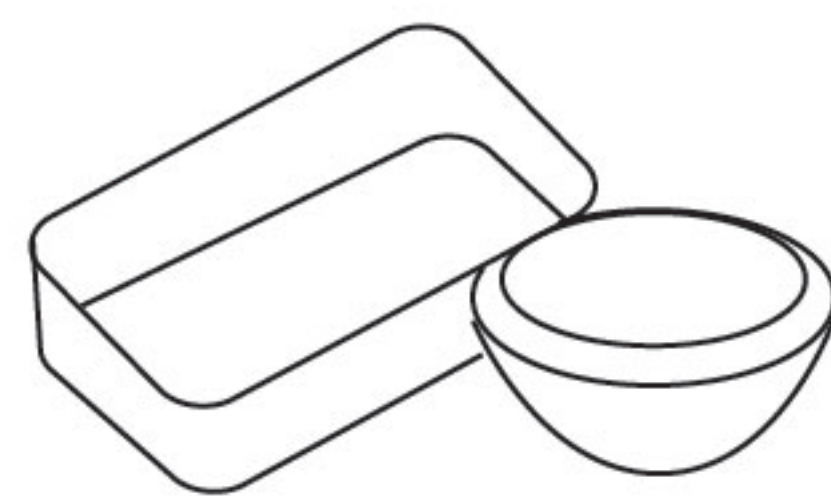
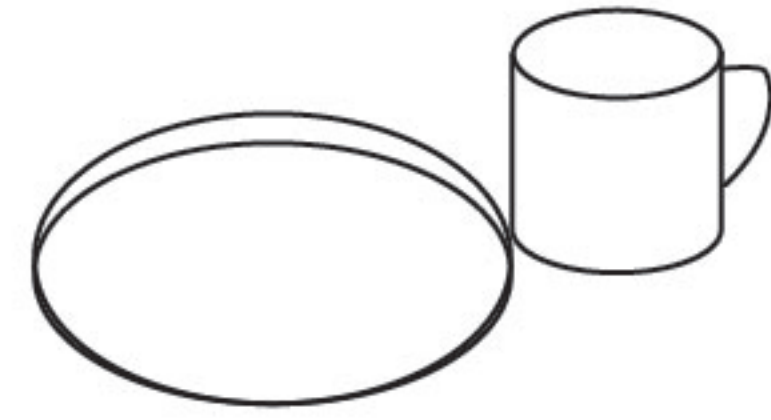
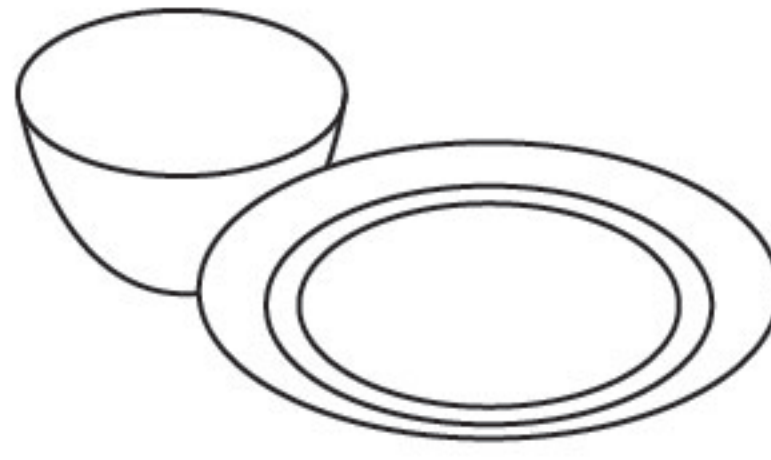
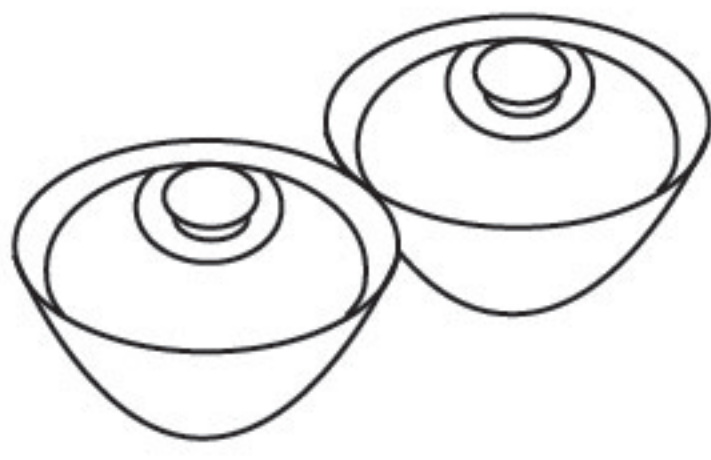
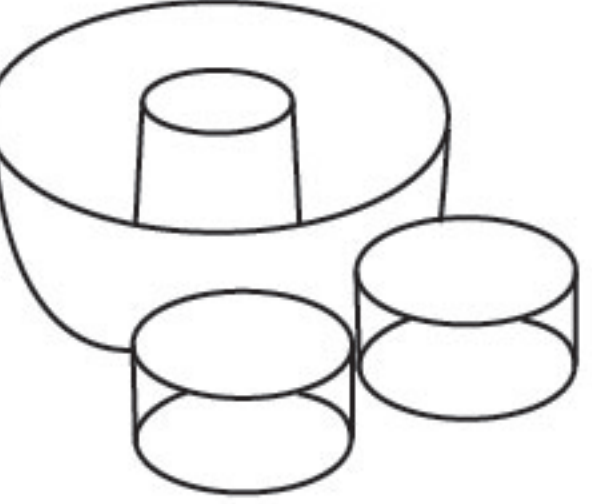
- ★ Pork ribs
 - Wrap the thin end of the ribs with aluminum foil.
 - Lay the ribs in a single layer on a shallow dish and place the thinnest part in the center. If the ribs are connected into a piece, they should be dispersed as much as possible.
 - In the middle of the defrosting, turn the ribs over and wrap the defrosted part.
 - Put them back, close the door and continue to defrost.
 - After defrosting, leave it wrapped by aluminum foil for 5~15 minutes.
- ★ Beef (chopped meat)
 - Place the beef on a shallow dish, and wrap the edge of the beef with aluminum foil.
 - In the middle of defrosting, turn it over, take out the defrosted part, and then re-wrap the edge with aluminum foil.

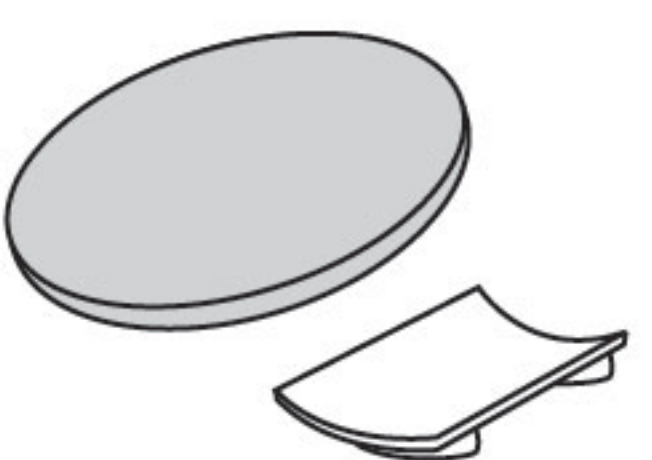
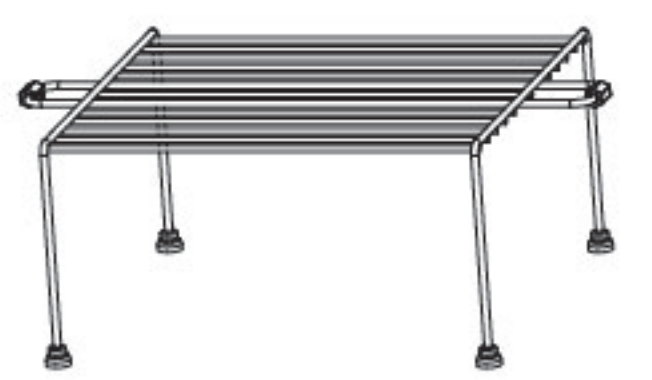


- Close the door to continue to defrost.
- After defrosting, leave it wrapped by aluminum foil for 5~15 minutes.
- ★ Roast meat (beef/pork/mutton)
 - Wrap the edge of food with aluminum foil.
 - Put it on a shallow dish.
 - In the middle of defrosting, turn the ribs over and wrap the defrosted part.
 - Close the door to continue to defrost.
 - After defrosting, leave it wrapped with aluminum foil for 10~30 minutes.
- ★ Livestock
 - Remove the original package and wrap the wings and feet with aluminum foil.
 - Put its chest down on a shallow dish.
 - In the middle of defrosting, turn the ribs over and wrap the defrosted part.
 - Close the door to continue to defrost.
 - After defrosting, leave it wrapped with aluminum foil for 10~30 minutes.
- ★ Chicken nuggets (chicken wings and legs)
 - Wrap the exposed bones with aluminum foil.
 - Put the chicken nuggets it on a shallow dish.
 - In the middle of defrosting, turn the chicken nuggets over, wrap the defrosted part and put it back.
 - Close the door to continue to defrost.
 - After defrosting, leave them wrapped with aluminum foil for 5~30 minutes.

Selection of cooking utensils

It is essential to choose safe and suitable utensils according to different cooking methods. If you choose improperly, it will not only affect the cooking effect, but also cause damage to the utensils or microwave oven. Please use according to the following table:

Container types	Microwave	Barbecue	Barbecue combination
Heat resistant glass containers 	Usable ⚠ Please use super heat-resistant glass products that can resist sudden cold and heat for foods that generate high temperatures such as jams.	Unusable	Unusable
Glass containers without heat resistance 	Unusable ⚠ Carved glass and reinforced glass cannot be used on it.	Unusable	Unusable

Container types	Microwave	Barbecue	Barbecue combination
Plastic containers with heat resistance 	Usable ⚠ Please use a container marked with [for microwave oven]. ⚠ Caution container covers with poor heat resistance. ⚠ Avoid using covers with strong seals. ⚠ Do not use foods with high oil and sugar content that can produce high heat.	Unusable	Unusable
Plastic containers without heat resistance 	Unusable ⚠ Do not use things that will be spoiled by microwaves (polyethylene, melamine, phenol, urea resin, etc.). ⚠ Use the bubble tray only when defrosting fresh food.	Unusable	Unusable
Pottery/porcelain 	Usable ⚠ Do not use containers with colored pictures, gold and silver decorations that might cause color flaking and fire.	Usable ⚠ Please avoid using containers with color pictures inside, as they may cause the color to flake off.	Usable
Lacquerware 	Unusable ⚠ Paint peeling and fracturing may occur.	Unusable	Unusable
Aluminum and other metal containers 	Unusable ⚠ Do not use metal mesh, metal string, etc., which may cause sparks. ⚠ Do not use coloring discs (metal products) for microwave ovens. ⚠ Do not put metal knives and forks in the oven under the microwave. ⚠ Do not use the metal paper used to seal instant noodles.	Usable ⚠ Do not use containers with handles made of resin.	Unusable

Container types	Microwave	Barbecue	Barbecue combination
Wood, bamboo and paper products 	Unusable ⚠ It is easy to burn.	Unusable ⚠ Paper products that have been processed for heat resistance can be used.	Unusable
Grill 	Unusable	Usable	Usable
Special plastic wrap for microwave oven 	Usable ⚠ Do not use greasy food that will generate high temperatures.	Unusable ⚠ It will melt when exposed to high temperatures.	Unusable
Aluminum foil 	Unusable ⚠ It is also sometimes used to utilize the reflective properties of microwaves (e.g. thawing fresh food), but remember that the aluminum foil shall not touch the inner wall of the liner.	Usable ⚠ Wrap the food in aluminum foil and bake it.	Unusable

★ Check that the container is safe for use in the microwave oven:
 Take a glass with 300ml of cold water and put it in the microwave with the test container, turn it to high heat and cook for one minute (microwave). If the container is not heated and damaged, but the water gets hot, then it is a safe microwave cooking container. If the container gets hot, it is proved that it has absorbed some microwave, which must not be used. This test cannot be used on plastic containers (this test is for reference only).

Cleaning and Maintenance

Warning:

Please cut off the power supply before cleaning. The interiors of the microwave oven will become very hot during use, so please clean the microwave oven only after it has cooled down to avoid scalding. Clean the microwave oven after each use to avoid causing unnecessary trouble due to a long time interval of cleaning, and the dirt accumulated for a long time may not be cleaned. In some cases, severe dirt can even damage electrical equipment.

★ Microwave surface:

The surface of the microwave oven can be cleaned with a cloth stained with neutral detergent and warm water. Do not use an abrasive and corrosive detergent to clean appliances (3M 5-Way metal antirust lubricant spray is recommended for stainless steel surfaces).

★ Oven door:

Wipe both sides, sealing rings and adjacent parts of doors and windows with a warm wet cloth. Do not use abrasive and corrosive detergents.

★ Control panel:

Be careful when cleaning the panel. Do not dip too much water. Wipe it with a soft cloth dipped with an appropriate amount of water (if the control panel is wet, please wipe it with a soft dry cloth immediately). Do not scrape it or use abrasive and corrosive detergents.

★ Grill:

Please clean it promptly with neutral detergent after use.

★ Liner:

Please use a soft cloth with warm water to clean the inner surface of the liner and wipe off the residual food scraps after each use in order to be more hygienic, and do not use abrasive and corrosive cleaning agents to clean the appliance.

★ Glass oil drip pan:

Clean the glass oil drip pan with a neutral detergent in time after it cools down.



Odors may appear inside the oven after using the microwave oven for a period of time, which can be eliminated by using the following two methods:

1. Place a cup of lemon juice in the oven and microwave on high heat for 2 - 3 minutes.
2. Place a cup of black tea in the oven and microwave on high heat for 2 - 3 minutes.

Main Technical Parameters

Model	HW25800P-C2T
Rated input power	Microwave 1250W Grill 750W
Net weight	20kg
Uniform heating mode	Flat-plate rotation
Rated voltage	220-240V~/50Hz
Microwave output power	800W
Rated microwave frequency	2450MHz
Noise value	60dB(A) sound power level
Oven cavity capacity	25L
Overall dimensions	595mm(W) x 385mm(H) x 420mm(D)

Packing List

Oven	1set	Product Warranty Card	1copy
Operation Instructions	1copy	Grill	1piece
Cross recessed round head wood screws 4x25 (black zinc plated)	4Nos	Glass oil drip pan	1piece

Repair Items

I. Pre-repair Inspection


Fill a glass container with 150ml of water, place it in the center of the microcrystalline glass in the oven, close the door properly, start the microwave function and let the microwave oven work for 1 minute.

1. Is the LED lamp on?
2. Does the fan work? (Put your hand outside the front air outlet)
3. Is the water in the container boiling hot after 1 minute?

If one of the answers to the above questions is "No", please check the power socket and fuse. If neither the power socket nor the fuse faults, please call the FOTILE service hotline.

II. Precautions for Repair

 Caution the microwave radiation.

 Warning: There is microwave radiation and high voltage in the microwave oven. Except for qualified repair technicians, it is strictly prohibited to disassemble and repair the oven by yourself to avoid causing harm to the human body.


Components that can be easily removed and may reach more than 250V:

- 1. Magnetron
- 2. HV transformer
- 3. HV capacitor
- 4. HV diode

Components that can cause excessive microwave leakage when improperly operated or damaged:

- 1. The magnetron is improperly installed on the waveguide. (including screws that are not tightened)
- 2. Improper adjustment of door stop and door fixed on upper and lower hinges.
- 3. Incorrect installation of interlocking supports.
- 4. The door, door seal and enclosure are damaged.

Important warnings:

 **Warning:**

The microwave oven shall not be used again if the door or door seal has been damaged until it is repaired by qualified repair personnel.

It is dangerous for anyone other than a qualified repair person to perform maintenance operations, including removing protective covers that can prevent leakage of microwave energy.

The damaged power cable must be replaced by specialized personnel from the manufacturer, its repair department, or a similar department to avoid danger.

In order to ensure safety and correct use, this product must be repaired by professionals appointed by FOTILE. If the oven cannot be used normally because the consumer entrusts personnel who are not appointed by FOTILE to carry out a repair or the consumer carries out repair, even during the warranty period, it is not within the scope of free maintenance, and FOTILE will not bear any responsibility for the property loss and personal injury caused thereby.


Solutions to Common Faults

Fault	Cause	Solution
No display on microwave oven display panel in non-power saving mode	The power supply is not plugged in tightly.	Unplug and reconnect the power supply after 10 seconds.
	The fuse is burnt out or the circuit breaker works.	Contact the designated repair service center for repair.
	The socket is faulty.	Use other electrical appliances to test whether the socket is faulty.
The microwave oven cannot start heating.	The oven door is not closed properly.	Close the oven door carefully.
	The ▷ button is not pressed.	Press the ▷ button.
	Enter other programs	Press the ↺ button or the ○ button to clear the entered program, and then re-enter the cooking program
	The cooking program is entered incorrectly. Accidentally press the ○ button	Refer to the Instruction and enter the cooking program correctly. Re-enter the cooking program

If the microwave oven still does not work properly after the above troubleshooting of faults, please call the FOTILE service hotline.

Customer Service

Please stop using the microwave oven and unplug the power cable if any abnormal condition occurs, and please contact the FOTILE service hotline.

 **Warning:** Only the repair personnel who have been trained professionally and obtained the repair qualification in the microwave oven can repair the microwave oven. Other personnel should not maintain and repair the microwave oven without permission to avoid serious consequences.

Precautions for warranty:

- 1. The following items are not within the scope of free warranty, so they shall be charged for repair if it is possible to be repaired and the "Product No." on the product packing box or the oven can be clearly identified.
 - ◆Damage resulting from improper handling, installation, use, maintenance or storage by consumers;
 - ◆Damage resulting from removal by the person who is not responsible for warranty in repair, replacement and return;
 - ◆Product without warranty certificate in repair, replacement and return as well as valid invoice;
 - ◆Damage caused by force majeure;
 - ◆All damages and losses resulting from the product service environment (e.g. power supply, temperature, humidity and other factors beyond the control of the Company) are not within the scope of free warranty, and the Company will not be responsible for them.
- 2. If the "Product No." on the product packing box or the oven cannot be clearly identified, please contact the distributor, who shall provide services,in accordance with relevant national provisions. The Company will not provide such services as installation and commissioning, return, replacement and repair.

FOTILE 方太

使用說明書

請妥善保管，以備參閱

使用產品前請仔細閱讀
本說明書

微波爐

HW25800P-C2T

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尊敬的用戶，您好！感謝您選購方太公司爲您精心制造的方太系列產品，使用前請通讀本說明書，您將從中了解正確的操作規範，并享受到全新的下厨樂趣。




方太對您的承諾是“讓家的感覺更好”。我們有責任使您對嶄新的方太產品感到滿意，請您在使用前務必認真閱讀《使用說明書》，并遵從說明書要求進行使用，本說明書的操作說明對於維持產品的良好工作狀況十分重要，若因使用不當造成產品故障，您將喪失免費保修的權利，任何直接或間接的免費保修申請將不被本公司售后服務中心所接受。同時我們建議您在質量保修期內及保修期后需要維修時請致電方太幸福服務熱綫，這對您和我們都是非常重要的。如果没有好的服務，您等于只購買到一半的產品，方太更佳感覺星級服務宗旨就是“努力，讓顧客完全滿意”。我們的售后服務中心將爲您提供寧波方太廚具有限公司純正的零部件及專業的技術支持，使您的產品得到優質快捷的維修保障，同時讓您得到輕鬆細心的服務。

安全注意事項

爲了避免對使用人員及其他人員造成危害及財產損害，特作如下區分及標志。
均爲有關安全的重要事項，敬請嚴格遵守，并在充分理解內容的基礎上正確使用。

1. 器具不打算由存在肢體、感官或精神能力缺陷或缺少使用經驗和知識的人（包括兒童）使用，除非有負責他們安全的人對他們進行與器具使用有關的監督或指導。
2. 應照看好兒童，確保他們不玩耍本器具。








■ 根據危害、損害程度進行的內容區分

	危險	若忽視這一標志，并進行錯誤操作，極有可能導致人員危險，重傷或引起火災。
	警告	若忽視這一標志，并進行錯誤操作，有可能導致人員危險，重傷或引起火災。
	注意	若忽視這一標志，并進行錯誤操作，有可能導致人員受傷或造成物品損害。

■ 注意、禁止內容的圖標

								
小心燙傷	小心觸電	嚴格執行	必須接地	禁止	禁止明火	禁止觸摸	禁止用潮濕的手操作	禁止拆卸

★特別說明：由于不遵守該使用說明書中規定的注意事項，所引起的任何故障和損失均不在廠家的保修範圍內，廠家亦不承擔任何相關責任。請妥善保管好所有文件。
本說明書各項規定若有與國家法律强制性規定相衝突之處，以法律規定爲准。

 危險	
 禁止	禁止加熱酒及酒精類飲料，以免發生爆炸。
 嚴格執行	密封的瓶裝或袋裝食物必須開口才能放在爐內加熱，否則氣體膨脹會發生爆裂。
 嚴格執行	通電前，必須將微波爐內的泡沫、紙板、說明書等附件取出，防止微波爐誤啓動時造成的危險。
 禁止	禁止加熱裝在密封容器內的液體或其他食物，因爲這樣有可能發生爆炸。
 嚴格執行	微波爐不能用來加熱帶殼的鮮蛋和已煮熟的蛋，因爲在用微波爐加熱時甚至在加熱之后它們可能會發生爆炸。
 嚴格執行	若沾上食物或積聚油污，在微波爐加熱時容易產生打火現象，因此請定期清潔微波爐爐門上的門體及內膽。

危險



嚴格執行

加熱土豆、板栗、雞翅、紅香腸等類似圓狀食物前，先用刀、叉穿孔以防爆裂。



嚴格執行

如發現有烟霧，應關掉器具開關或拔掉電源插頭，并保持爐門關閉，以抑制火焰蔓延。



必須接地

爲了防止觸電，必須確保此微波爐接地良好。

警告



禁止

切勿將水銀溫度計放入爐內，以免引起打火或損壞。



嚴格執行

使用保鮮紙遮蓋食物烹飪，請將保鮮紙一角摺上，使蒸汽通氣，煮好將保鮮紙小心拆開，以免蒸汽灼傷。



嚴格執行

只有在已經提供充分的指導以致于兒童能够采用安全的方法使用微波爐，并且明白不正確的使用會造成危險時，才能允許兒童在無人監控的情況下使用微波爐。



嚴格執行

加熱液體食物時，用闊口容器盛裝，食物頂部離容器口留够一定空間，以免食物沸騰溢瀉現象。



嚴格執行

微波爐加熱飲料會導致延遲噴濺沸騰，因此取出時必須小心謹慎。



禁止

禁止加熱食物油或油炸食物，以免發生油滴飛濺燙傷使用者。



嚴格執行

切勿在沒有放置食物的情況下啓動微波爐，以免損害微波爐，也可能導致危險。



嚴格執行

當加熱用塑料或紙包裝的食物時，應注意觀察微波爐，因爲有着火的可能。



嚴格執行

請勿使用微波爐做任何儲存用途。



嚴格執行

小心微波輻射。



嚴格執行

不要在戶外使用微波爐。



嚴格執行

不要將食物覆蓋密封加熱。













嚴格執行




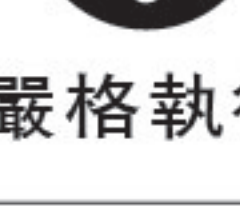
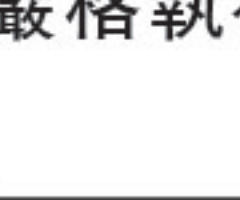



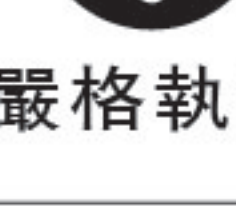
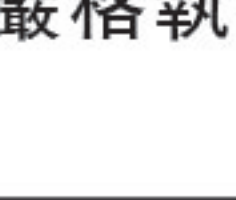
在微波爐內僅能使用適合的器皿，具體器皿請參照第14-15頁“烹飪用具的選擇”一欄。



小心燙傷

內部溫度較高，煮完食物取出時，需戴隔熱手套將食物取出，不要直接用手拿，以免燙傷。

⚠ 警 告	
 小心燙傷	奶瓶和嬰兒食品罐應經過攪拌或搖動，喂食前應檢查瓶內食物的溫度，避免燙傷。
 禁 止	不要使用密封容器加熱，例如帶有蓋或奶頭的奶瓶、罐頭食品、密封玻璃瓶等。
 嚴格執行	如果微波爐門或門封已損壞，則不得再使用，直到經有資格的維修人員修好為止。
 嚴格執行	當設備在組合模式下運行時，由于產生的溫度，兒童只能在成人的監督下使用烤箱。
 嚴格執行	除有資格的維修人員外，其他人來執行檢修操作都是危險的，包括拆下防止微波能量泄漏的防護蓋等操作。
 小心燙傷	當爆完爆米花后，把表面的保鮮膜取掉時要小心操作，以免燙傷。
 嚴格執行	窄頸瓶不可直接放入微波爐烹煮、加熱。
 嚴格執行	本產品僅供家庭日常使用，請不要用于商業用途或在其它特殊環境中使用。
 嚴格執行	在使用時可觸及部分可能會發熱。兒童應遠離
 嚴格執行	為避免可能出現的電擊，換燈前應確定器具已斷開電源。

⚠ 注 意	
 嚴格執行	確認擬接入微波爐的電源電壓與銘牌或說明書上標識的保持一致，插座接地良好。
 嚴格執行	應定期清潔微波爐并清除微波爐所有食物殘渣。
 嚴格執行	烹飪少量食物時，要多加觀察，防止過熱起火。
 嚴格執行	清潔門封、腔體和鄰近部件的細節。
 嚴格執行	不能直接在微晶玻璃上烹飪食物，食物必須放入合適的微波爐安全容器中。
 嚴格執行	若食物放在一次性容器內加熱時，請用戶時時注意微波爐內的情況。因為有着火的可能。
 嚴格執行	器具在使用期間會發熱，注意避免接觸爐內的發熱單元。
 嚴格執行	請仔細閱讀說明書并妥善保管以供將來參考。
 嚴格執行	不應使用蒸汽清潔器。
 嚴格執行	切勿放置滾熱食品、容器在冷却的微晶玻璃上。

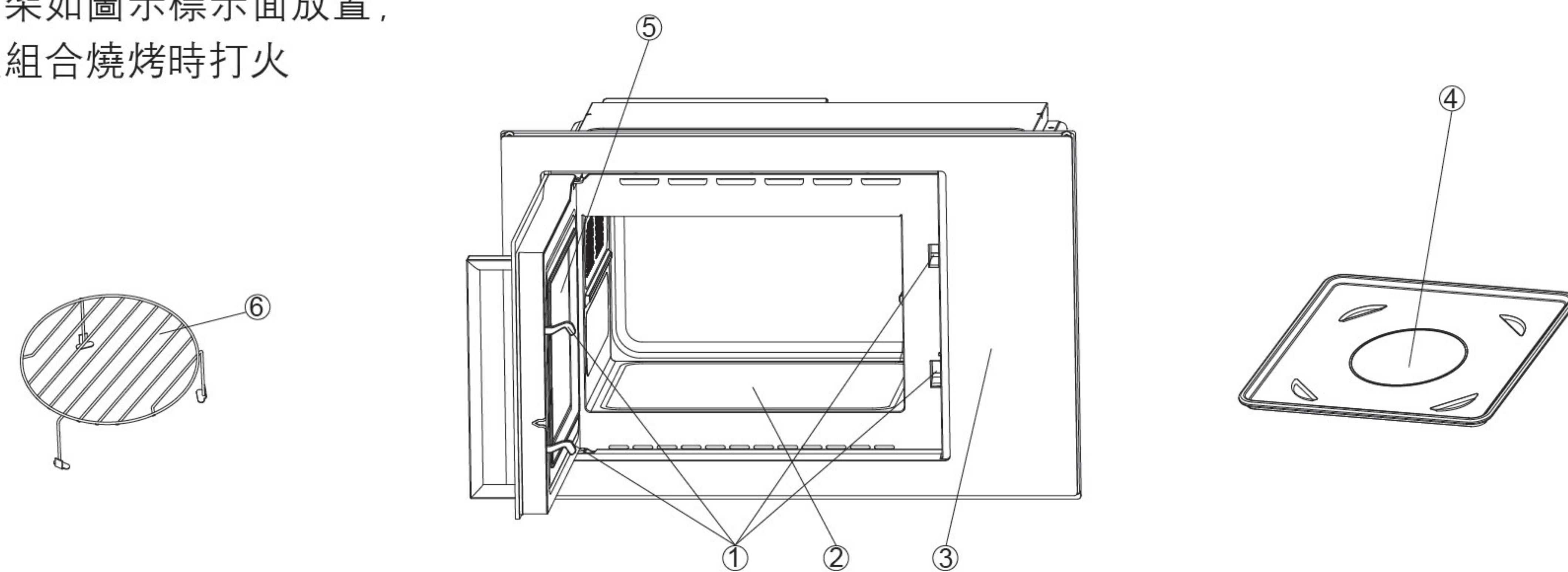
⚠ 注 意	
 嚴格執行	每次微波爐使用完畢，最好將一盛滿水的玻璃杯置于爐內微晶玻璃板上，避免誤操作損壞機器。
 嚴格執行	微波烹飪時切勿使用金屬器皿，帶金、銀邊的器皿也不應使用。微波爐中通常使用陶瓷、耐熱玻璃、耐熱塑料或紙質器皿。
 嚴格執行	注意微晶玻璃的最大負載重量不能超過5kg。
 嚴格執行	本微波爐專為家庭加熱及烹飪食物而設計，故不適用於其它工業和商業用途。
 嚴格執行	不要使用粗糙擦洗劑或鋒利的金屬刮刀清潔爐門玻璃，因為他們會擦傷玻璃表面，從而導致玻璃破碎。
 嚴格執行	本設備僅使用在家庭。
 嚴格執行	微波爐安裝后，如果不能觸及電源插頭，則應由符合布綫規定的固定布綫的開關完成，以滿足維修或突發事件時，通過此開關切斷電源。
 嚴格執行	裝有風扇的烤箱，且該風扇帶有清潔時能移開的保護裝置，應指出移開保護裝置前必須將烤箱斷電。清潔后，必須按使用說明把保護裝置重新設置到原位置。
 嚴格執行	如果電源軟綫損壞，為了避免危險，必須由制造商、其服務機構或類似的專業人員更換。
 嚴格執行	儲物抽屜的表面使用后会變熱。
 嚴格執行	切勿讓金屬燒烤架或鋁箔包裝碰觸到爐腔內壁，以免工作時產生打火現象而損壞微波爐。
 嚴格執行	微波爐用的插座建議安裝串聯開關，以便于遇到緊急情況時快速關閉電源。
 嚴格執行	電源在198V~242V波動時，微波爐仍能正常工作。但輸出功率及工作時間會受到影響。故操作時要根據實際情況來調節烹飪時間。
 嚴格執行	建議使用廠家推薦的配件，請勿使用非正規配件。
 嚴格執行	不清潔微波爐會使器具表面劣化，這會影響器具的壽命，可能會導致危險的情況。
 嚴格執行	當器具以組合模式工作，因溫度升高，兒童必須在成人的監督下使用。
 嚴格執行	用微波爐加熱食物和飲料。烘干食品或衣物，及加熱暖墊、拖鞋、海綿、濕布和類似物品，可導致受傷、着火或火災的危險
 嚴格執行	盤子水平輕輕的放入到腔體內，圓形烤架底部三個支架沿着盤子表面輕輕推入到腔體直到推不動為止即可。
 嚴格執行	該設備必須在任何櫃門打開的情況下操作。
 嚴格執行	為避免過熱，請勿將設備安裝在裝飾門后面。

產品結構介紹



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燒烤架如圖示標示面放置，
防止組合燒烤時打火

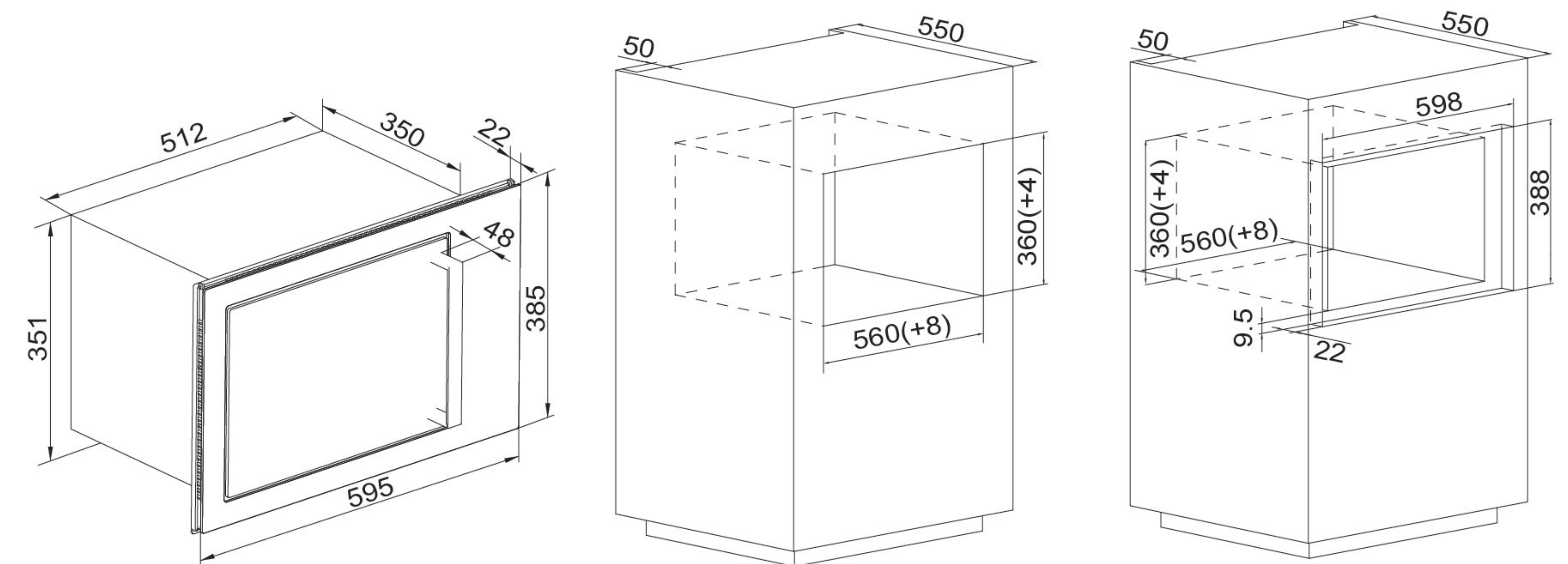


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1. 門安全聯鎖系統－確保：爐門打開微波爐不能工作；爐門關上微波爐才能工作。
2. 微晶玻璃板－食物烹飪區域，烹飪時將盛有食物的容器放置于微晶玻璃板的中心，不得將食物直接放在微晶玻璃板上，烹飪結束等微晶玻璃板冷却后再進行清潔。
3. 控制面板－微波爐功能控制。
4. 玻璃接油盤－玻璃接油盤適用于燒烤和組合燒烤烹飪。直接在燒烤架上進行燒烤時，應將玻璃接油盤放在燒烤架所放置食物的正下方，用來收集燒烤過程中食物滴落的油脂或液體（玻璃接油盤需待其冷却后，再進行清洗）。
5. 視屏窗－透過網孔觀察工作情况。
6. 燒烤架－在燒烤或組合模式下烹飪時，將食物放在烤架上，為了避免在單獨的微波程序下無意識誤用燒烤架，請勿將其存放在微波爐內。

安 裝

安裝在高櫃等櫥櫃中（吊櫃除外）



（單位：mm）

1. 將微波爐放入左圖所示的櫥櫃中。
2. 確定左右居中用四顆 4×25 的螺釘將微波爐固定在櫥櫃上。
3. 微波爐嵌入櫃下挂櫥櫃底板8mm。
4. 插座安裝位置需高于櫥櫃安裝板100mm。
（最好安裝于高櫃的上層，以便于拔出電源。）
5. 電源插座安裝在微波爐后方，如圖所示，櫥櫃安裝深度要求 ≥ 400 mm。
6. 微波爐安裝在竈具下應滿足：中間有隔板且產品間距離間隔10cm、竈具燃氣管采用波紋管且不會碰到產品。若嵌入櫃上裝有竈頭，應保證竈頭的供電綫或供氣管不會自然下墜碰到產品（正常距離保證至少10cm，且與產品中間有隔熱板以避免發生危險）。確保在使用過程中嵌入櫃上方（包括竈頭）在正常使用時沒有水或雜物掉（漏）入櫃中。如不符合要求，請改善您的安裝環境，以達到安裝要求。因為不符合要求的安裝，可能會造成財產損失或人身傷害。

獨立風道技術：

自主循環通風設計，采用前進前出的排風系統，更有效的解決了嵌入式微波爐散熱難的問題，安裝時只需將微波爐放入櫥櫃固定即可，不需要對櫥櫃額外制作復雜的散熱通道，即能方便安全使用。

安裝位置使用環境

1. 把微波爐內的包裝物取出，然后仔細檢查微波爐是否有損壞。

如：a. 爐體有無受撞擊，重壓迹象。

b. 爐門是否平整，開關是否順暢靈活。

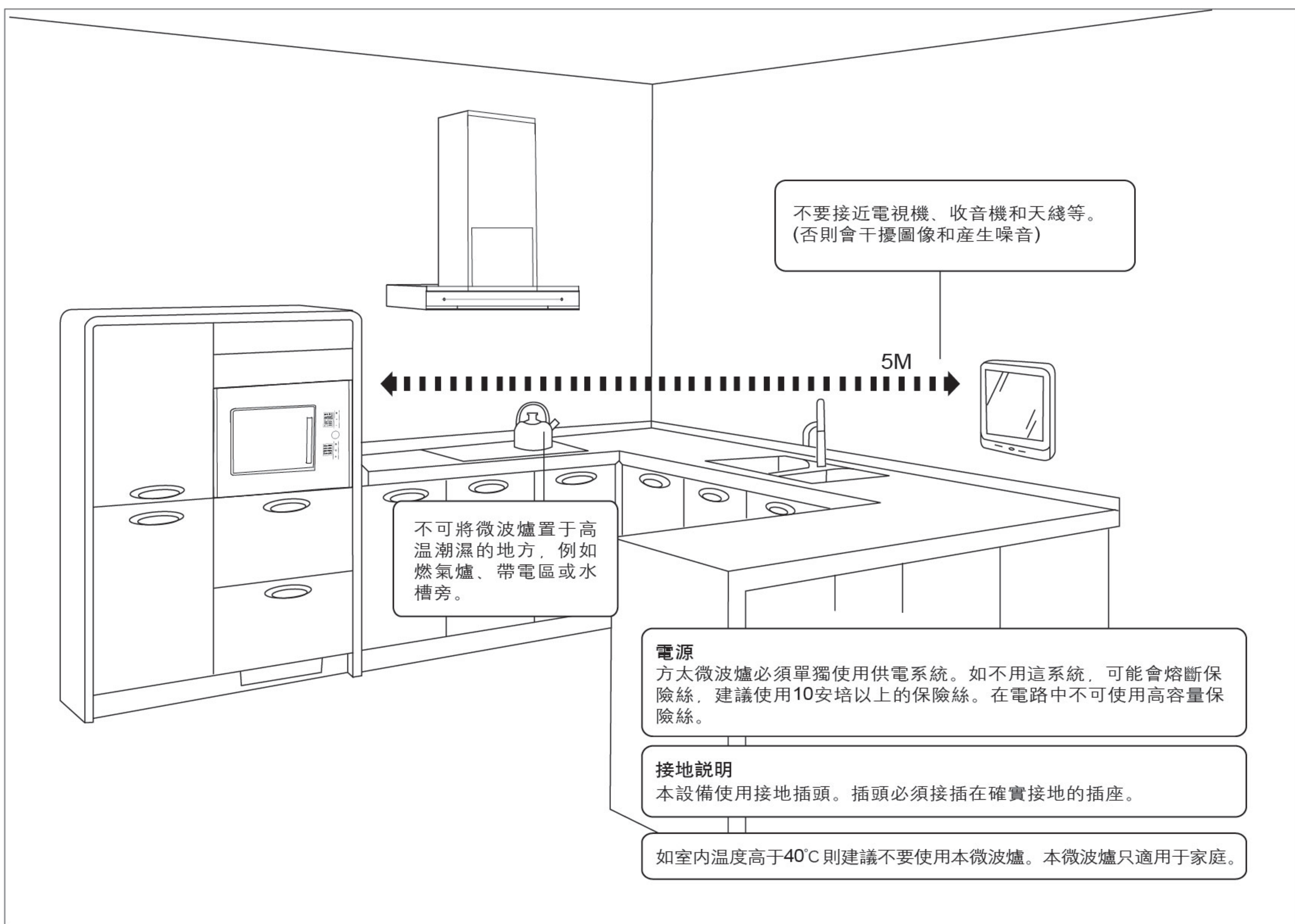
c. 爐門上金屬絕緣網孔是否彎曲或變形。

d. 電源綫有無破損松脫現象。若發現以上情況，請致電方太幸福服務熱綫。

2. 微波爐必須平放在通風干燥，無腐蝕性的環境中使用，遠離高溫及蒸氣。

3. 微波爐應該遠離電視機，收音機和天綫（一般大于5m），否則會產生干擾。

4. 微波爐應放置在電源綫方便插到的地方，爲了防止觸電，必須確保微波爐接地良好。



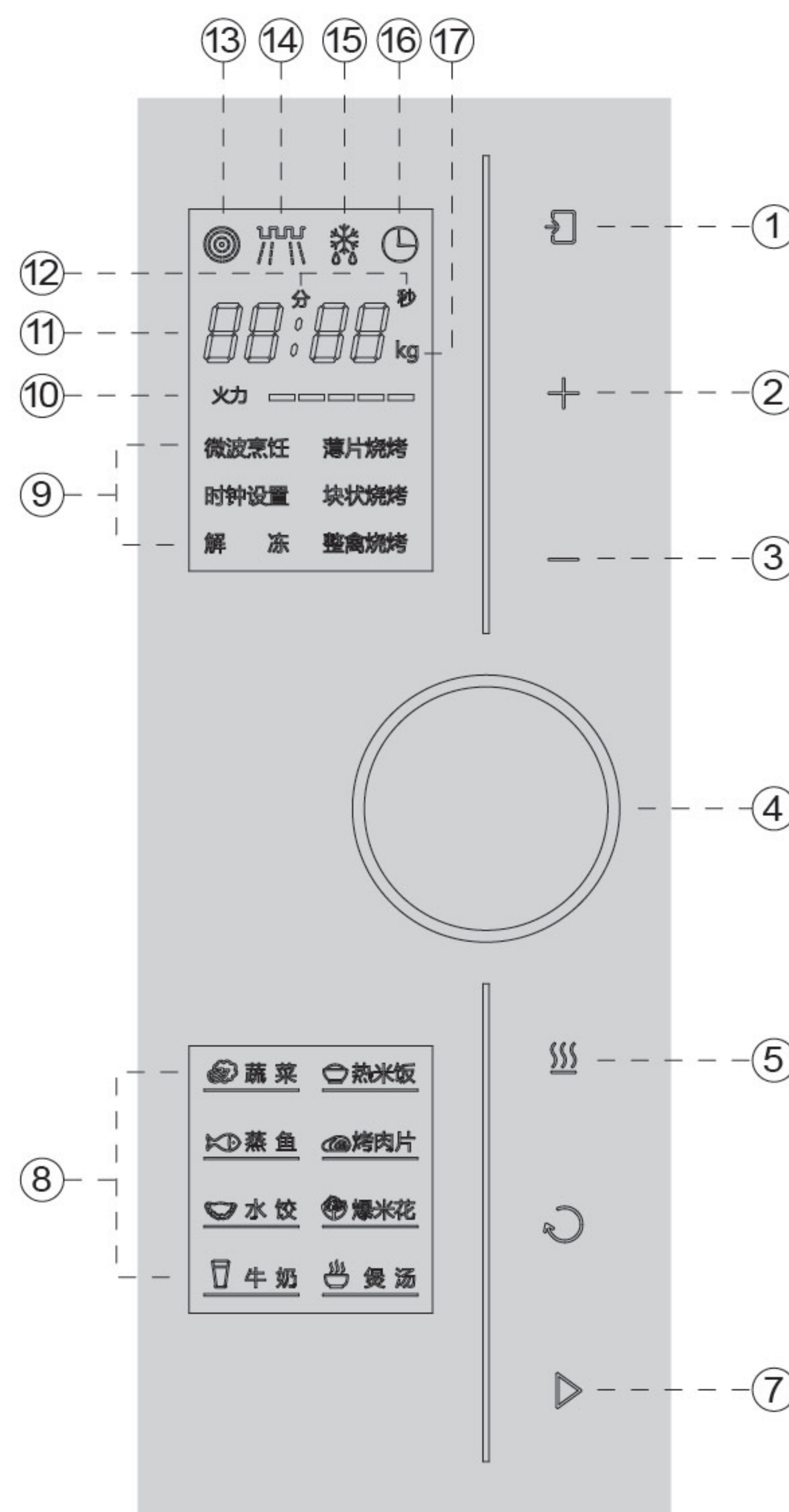
快速使用指南

一、控制面板說明

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按鍵功能說明：

- ① “ ” 功能和菜單選擇鍵：該鍵用來選擇微波烹飪、薄片燒烤、塊狀燒烤、整禽燒烤、解凍、時鐘設置、蔬菜、蒸魚、水餃、牛奶、熱米飯、烤肉片、爆米花、煲湯。可間隔觸摸選擇，也可一直觸摸着按鍵。一直觸摸1秒后會快速自動循環選擇。循環順序：“微波烹飪→薄片燒烤→塊狀燒烤→整禽燒烤→熱米飯→烤肉片→爆米花→煲湯→牛奶→水餃→蒸魚→蔬菜→解凍→時鐘設置”。
- ② “+” 鍵：設置時，可選擇功能、菜單、增加時間和重量。可間隔觸摸設置，也可一直觸摸着按鍵。一直觸摸1秒后會自動增加。
- ③ “-” 鍵：設置時，可選擇功能、菜單、減少時間和重量。可間隔觸摸設置，也可一直觸摸着按鍵。一直觸摸1秒后會自動減少。
- ④ “○” 鍵：屏幕關閉狀態下，觸摸該按鍵可進入菜單或功能設置，微波爐烹飪狀態下，觸摸該鍵可終止工作。
- ⑤ “ ” 鍵：觸摸該鍵，可直接設置烹飪時間，實現快捷加熱。
- ⑥ “ ” 鍵：參數設置時返回至上一級菜單，烹飪狀態時終止工作并返回至菜單初始界面。
- ⑦ “ ” 鍵：確認和啓動鍵，確認設置，開始工作。
- ⑧ 固定菜單：此圖標顯示表示您正在設置固定菜單，（蔬菜 、蒸魚 、水餃 、牛奶 、熱米飯 、烤肉片 、爆米花 、煲湯 ）選擇重量后，即可進行烹飪。
- ⑨ 微波爐模式圖標：顯示系統預置的烹飪模式或者您選定的烹飪模式。
- ⑩ 微波火力圖標：在微波狀態下，您可設置微波火力大小。
- ⑪ 時鐘顯示：可實時顯示您設定的烹飪時間，系統時間。
- ⑫ 時間單位：顯示您正在設置或此工作過程中時間的單位。
- ⑬ 微波圖標：此圖標顯示表示在微波狀態下。
- ⑭ 燒烤圖標：此圖標顯示，表示在燒烤狀態下。
- ⑮ 解凍圖標：此圖標顯示，表示在解凍狀態下。
- ⑯ 時鐘圖標：時鐘狀態下，該圖標顯示。
- ⑰ 重量單位：此圖標顯示您正在設置的重量單位。



二、使用前注意事項

★ 初次使用前的準備，使用前，請取掉烤架的包裝袋并對烤架進行清潔！


第一次使用微波爐時，可能會有异味、甚至冒白烟，這是由于元器件的保護油受熱揮發所致，并非故障現象，使用過幾次后，這種情況不會再發生，建議按以下方法操作：（先薄片燒烤模式再微波烹飪模式）

- 1.使用前（薄片燒烤模式）， 設置程序至燒烤模式后工作2-3分鐘。
- 2.使用前（微波烹飪模式）， 放一杯水在微晶玻璃上設置微波高火工作2-3分鐘。

★ 檢查是否損壞


每次使用微波爐前請確認以下各項：

- 1.爐體是否有損傷、變形或開裂。
- 2.爐門是否損壞， 開關是否正常。
- 3.爐門上的金屬板是否彎曲變形或開裂。
- 4.爐門上的網孔是否粘上食物或聚積油污。
- 5.開門按鍵能否正常使用， 門鉤是否損壞。
- 6.微波爐門或者其鄰近的部件損壞或者在微波爐門開啓的情況下， 不要試圖操作該微波爐， 直到專業維修技術人員將其修好為止。
- 7.如果電源綫損壞， 必須由本公司售后維修人員或者專業技術人員更換。

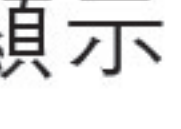

 出現上述情況，請不要使用微波爐，必須由本公司售后維修人員或者專業技術人員檢修。

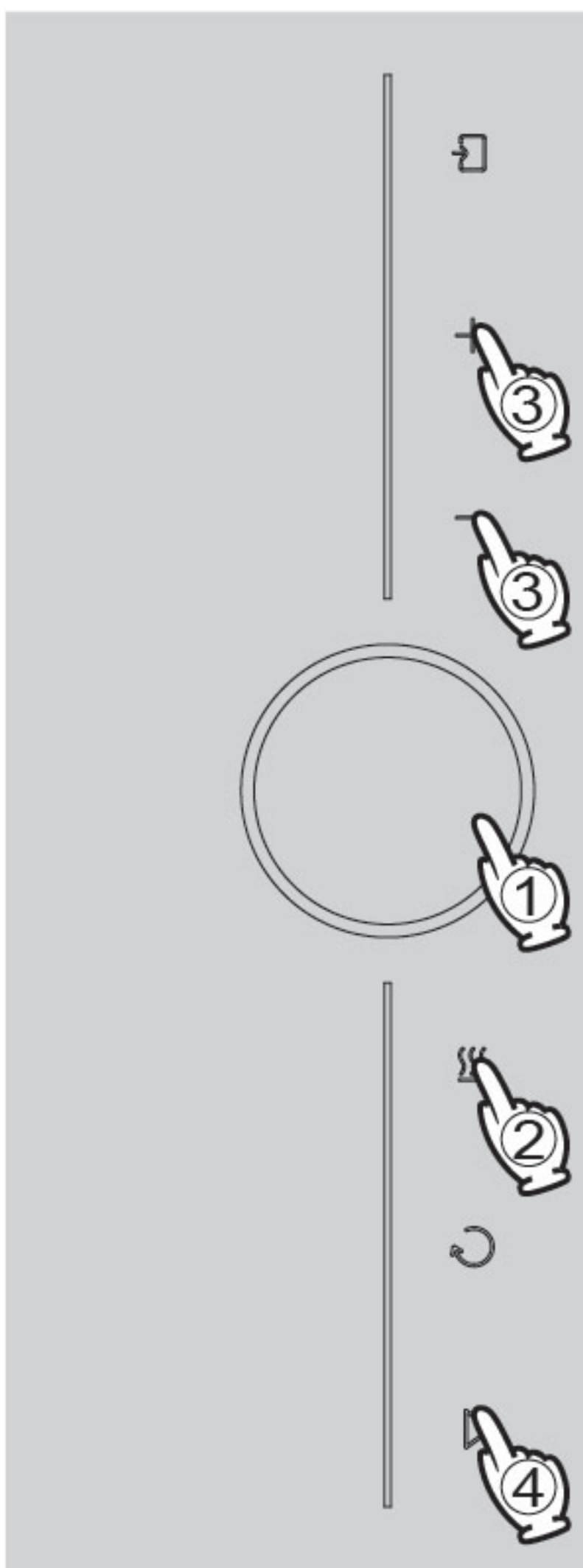
★ 食物

- 1.切勿煮帶殼蛋， 壓力會使蛋爆裂。另外蛋黃、蛋白也要用牙籤刺穿數次。
- 2.烹飪時間不要過長， 因為煮食不足可繼續烹煮， 過度則無法補救。
- 3.影響烹飪時間的因素有：所喜歡的煮熟程度， 食物的初溫， 形狀大小， 份量和使用器皿的形狀， 大小及食物的排列、遮蓋、翻攪等。請參閱“微波爐烹飪技巧”， 再參照這些因素， 適當調整時間。
- 4.表面無孔食物(如蛋、板栗、土豆、香腸等)， 請去皮或在外皮上開一裂縫或叉開幾個小孔， 否則受熱膨脹， 可能會發生爆裂。
- 5.不可用微波爐煎炸食物。
- 6.燒烤時， 不要遮蓋食物， 因為食物需要直接吸收輻射熱能。

 **警告：**已煮好的湯圓或荷包蛋等，馬上取出可能會造成其內部液體沸騰爆破而濺傷人體。應打開爐門后，略擱置一會兒，再取出食用。

三、快捷加熱

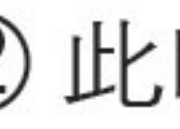


快捷加熱功能的設置(該功能僅適用於快速啟動微波功能100%火力)
在顯示屏不亮狀態下 ① 觸摸 ○ 鍵；② 觸摸  鍵，屏幕閃爍顯示“1：00”，同時“微波烹飪”、“分”和“秒”字符亮起。③此時再觸摸 + 鍵或 - 鍵設置烹飪時間，每觸摸一次 + 鍵或 - 鍵，微波時間會增加或減少30秒，最大時間為10分鐘。設置好時間后，④ 觸摸  鍵確認，啟動微波工作。微波的火力默認為P100。(如右圖)






快捷加熱

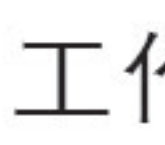
四、使用微波進行烹飪

微波烹飪的操作

第一步：選擇功能。在顯示屏不亮狀態下，① 觸摸 ○ 鍵，顯示屏閃爍顯示“微波烹飪”同時其它基本功能圖標亮起；② 此時觸摸  鍵，屏幕閃爍顯示“P100”同時“微波烹飪”字符亮起。此時進入火力設置；
第二步：設置火力和烹飪時間。③ 微波火力閃爍時通過 + 鍵或 - 鍵設置火力；④ 觸摸  鍵進行確認；⑤ 時間閃爍時通過 + 鍵或 - 鍵設置時間。
第三步：⑥ 觸摸  鍵確認時間，同時微波爐啟動。

例如：設置20分鐘的中高火微波烹飪。

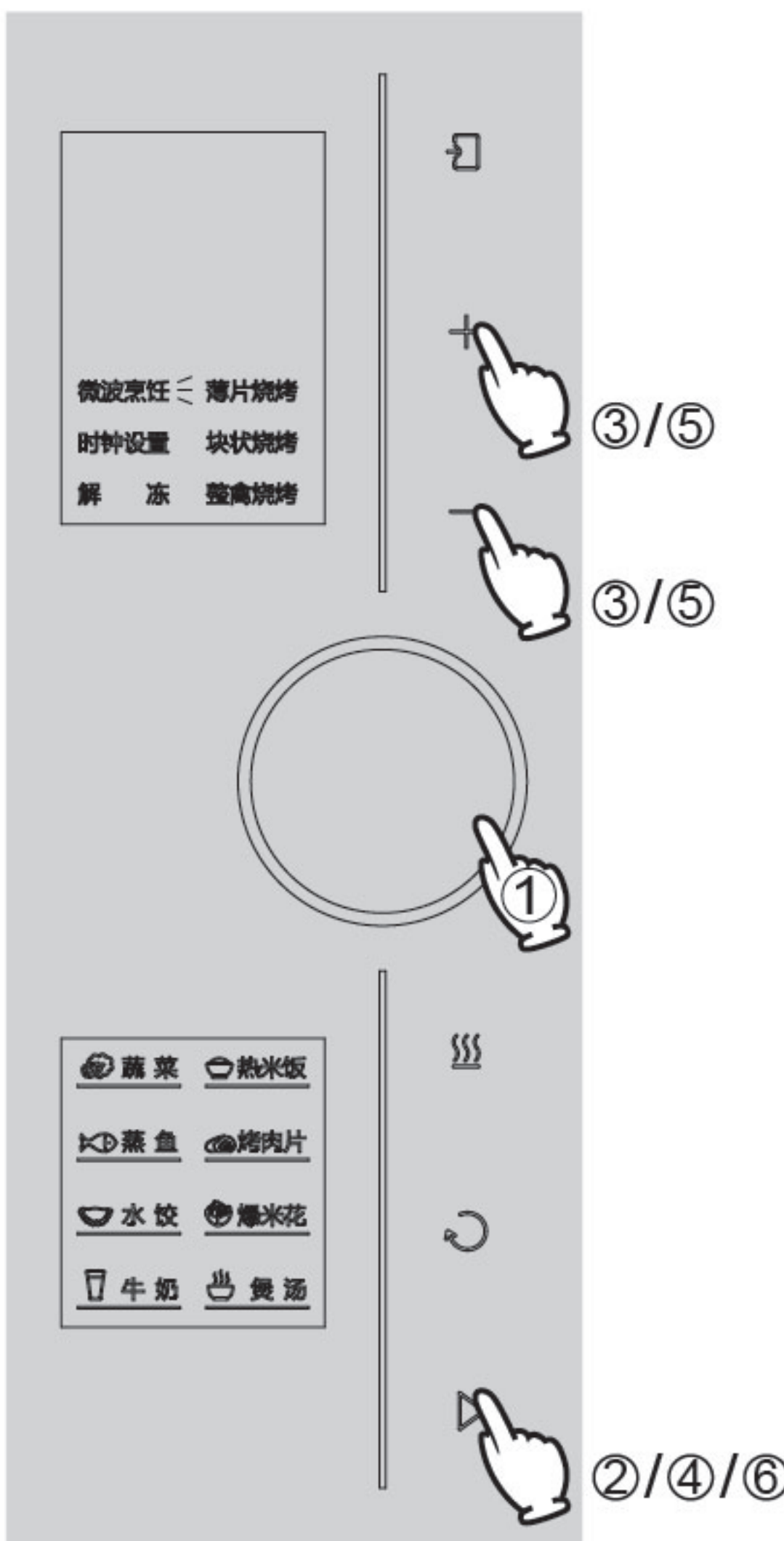
- ①在顯示屏不亮狀態下，觸摸 ○ 鍵后再觸摸  鍵。
- ②觸摸 - 鍵1次，顯示“P80”再觸摸  鍵確認火力設置。
- ③設置時間，一直觸摸+鍵使時間顯示20分00秒。
- ④觸摸  鍵進行烹飪。

工作時顯示：、設置的時間開始倒計時、“分”、“秒”和“微波烹飪”。

注：微波火力循環為“P100 ⇌ P80 ⇌ P60 ⇌ P40 ⇌ P20”。

微波火力—火力屬性對照表

微波火力	P100	P80	P60	P40	P20
火力屬性	高火	中高火	中火	中低火	低火



微波烹飪






高級進階操作

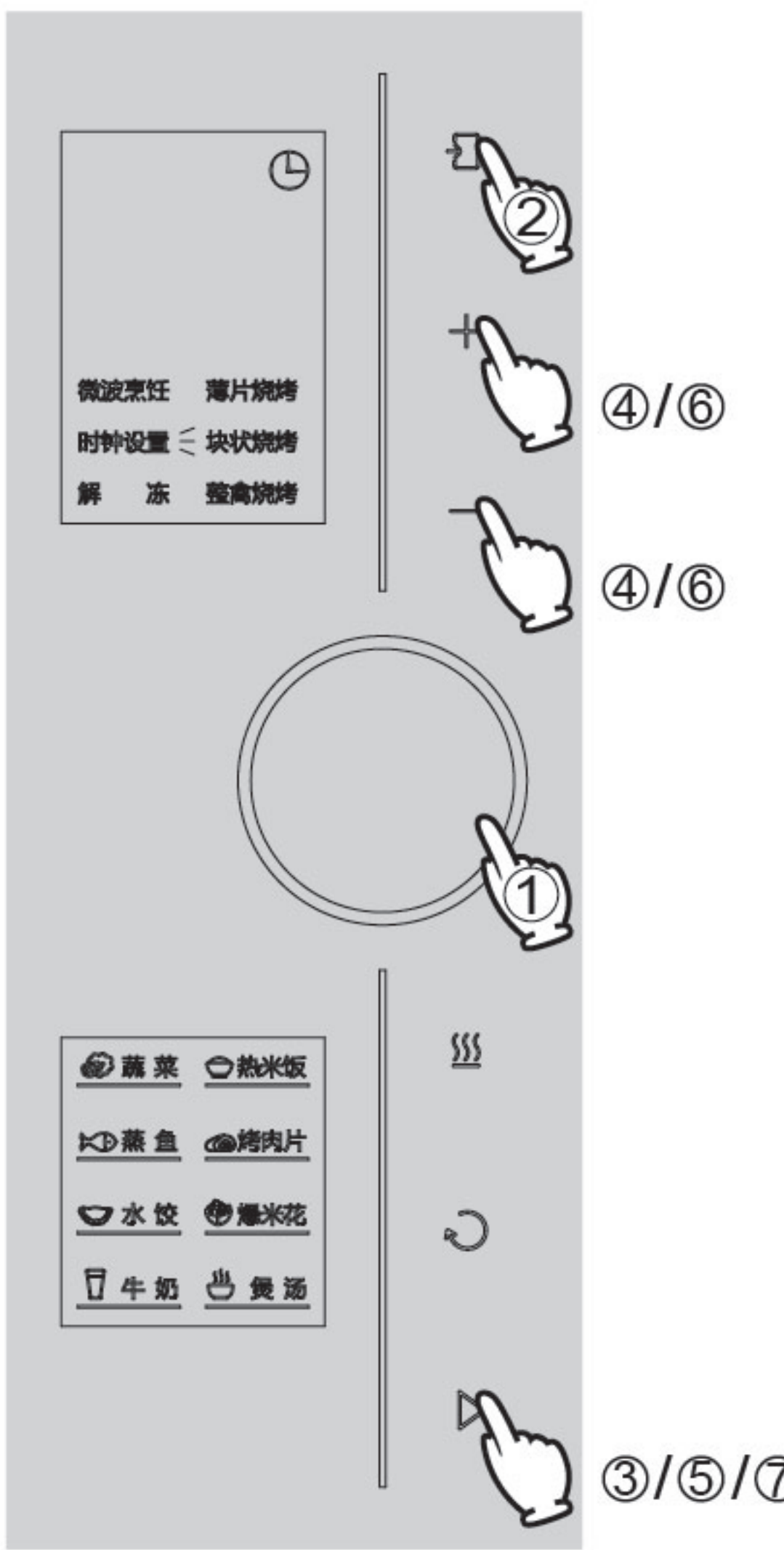
一、時鐘設置說明：

接通電源

接通電源后顯示屏全部亮起1秒后熄滅，蜂鳴器響1聲，時鐘從0:00開始計時。

時鐘設置功能（本機為24小時制）

第一步：選擇功能。在顯示屏不亮狀態下，① 觸摸 ○ 鍵；② 再觸摸  鍵，使顯示屏閃爍顯示：“時鐘設置”，同時其它基本功能圖標亮起；③此時再觸摸  鍵，屏幕閃爍顯示當前時間、同時“”“時鐘設置”亮起；
第二步：設置小時位。④ 觸摸 + 鍵或一鍵調整小時位的時間；⑤ 觸摸  鍵設置分鐘；
第三步：設置分鐘位。⑥ 觸摸 + 鍵或 - 鍵調整分鐘位的時間；⑦ 觸摸  鍵完成時鐘設置。



時鐘設置

二、其它烹飪功能模式的操作

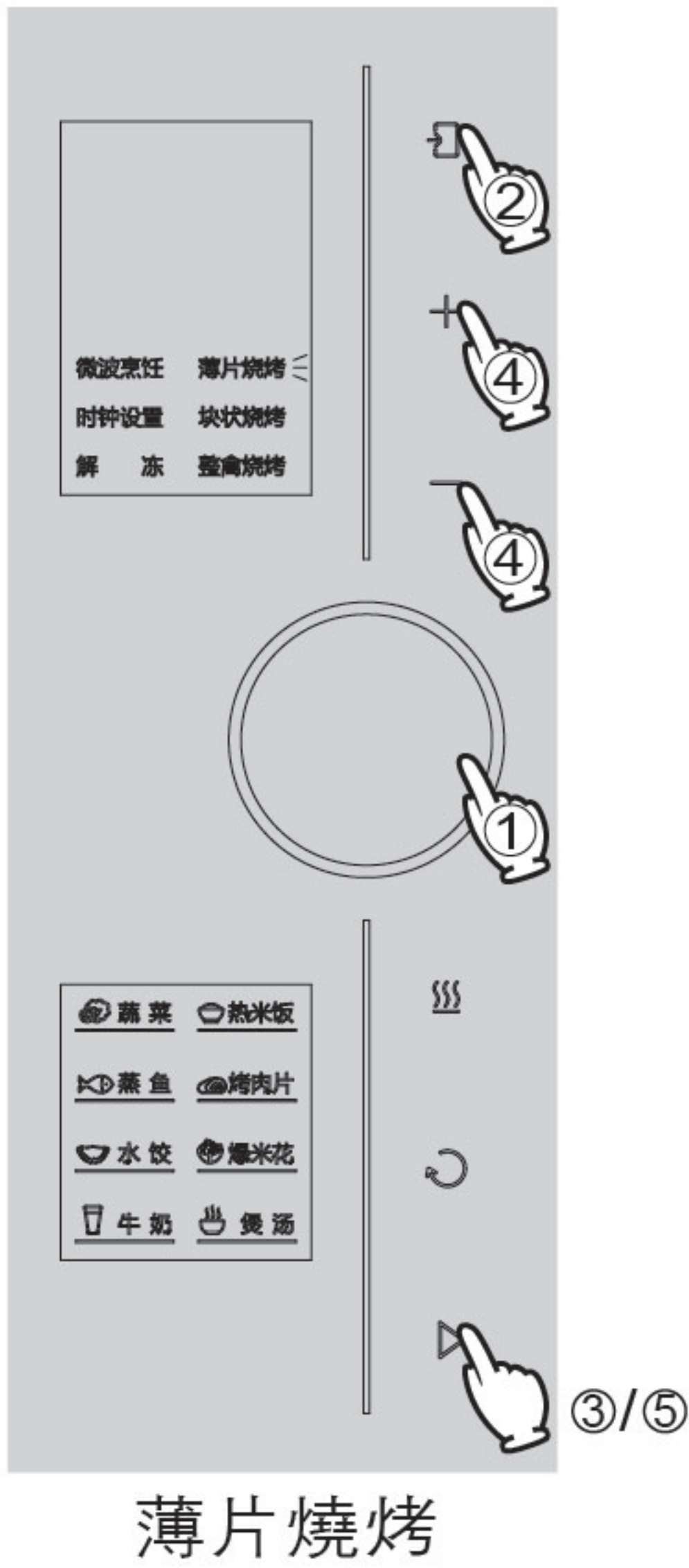
- 薄片燒烤烹飪的操作(該烹飪模式為100%的燒烤火力烹飪，適用於吐司等。)

第一步：選擇功能。在顯示屏不亮狀態下，① 觸摸 ○ 鍵；② 再觸摸 𠄎 鍵，使顯示屏顯示：“薄片燒烤”，同時其它基本功能圖標亮起；③ 此時觸摸 ➤ 鍵，屏幕閃爍顯示：“0:10”同時“薄片燒烤”、“分”和“秒”字符亮起；

第二步：設置時間。④ 時間閃爍時通過 + 鍵或 - 鍵設置時間；

第三步：⑤ 觸摸 ➤ 鍵確認，薄片燒烤開始工作。

工作時顯示：𠄎𠄎𠄎、設置的時間開始倒計時、“分”、“秒”和“薄片燒烤”。



薄片燒烤

- 塊狀燒烤烹飪的操作(該烹飪模式為30%的微波火力+70%的燒烤火力組合烹飪，適用於西餐牛扒等。)

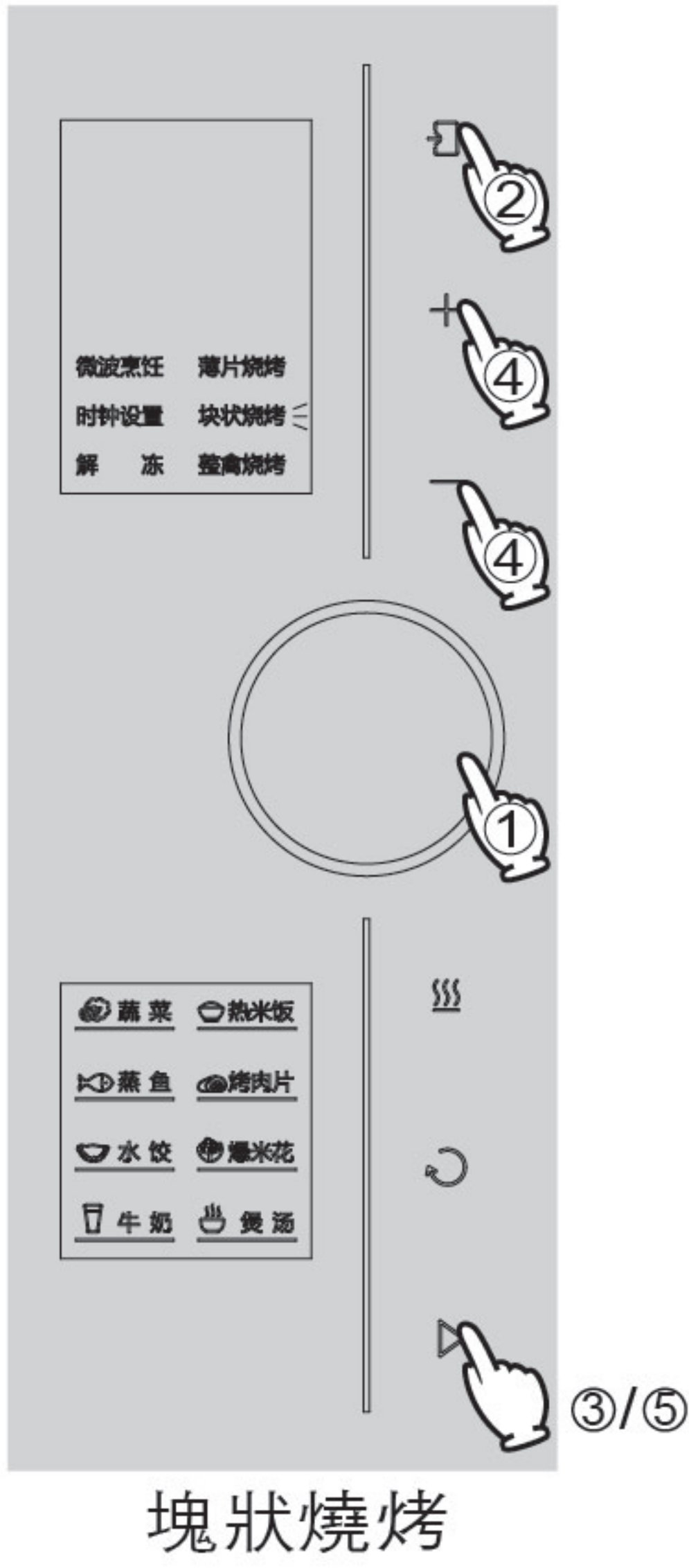
第一步：選擇功能。在顯示屏不亮狀態下，① 觸摸 ○ 鍵；② 再觸摸 𠄎 鍵，使顯示屏閃爍顯示：“塊狀燒烤”，同時其它基本功能圖標亮起；

③ 此時再觸摸 ➤ 鍵，屏幕閃爍顯示：“0:10”，同時“塊狀燒烤”、“分”和“秒”字符亮起；

第二步：設置時間。④ 時間閃爍時通過 + 鍵或 - 鍵設置時間；

第三步：⑤ 觸摸 ➤ 鍵確認，塊狀燒烤開始工作。

工作時顯示：“⦿”、“𠄎𠄎𠄎”、設置的時間開始倒計時、“分”、“秒”和“塊狀燒烤”。



塊狀燒烤

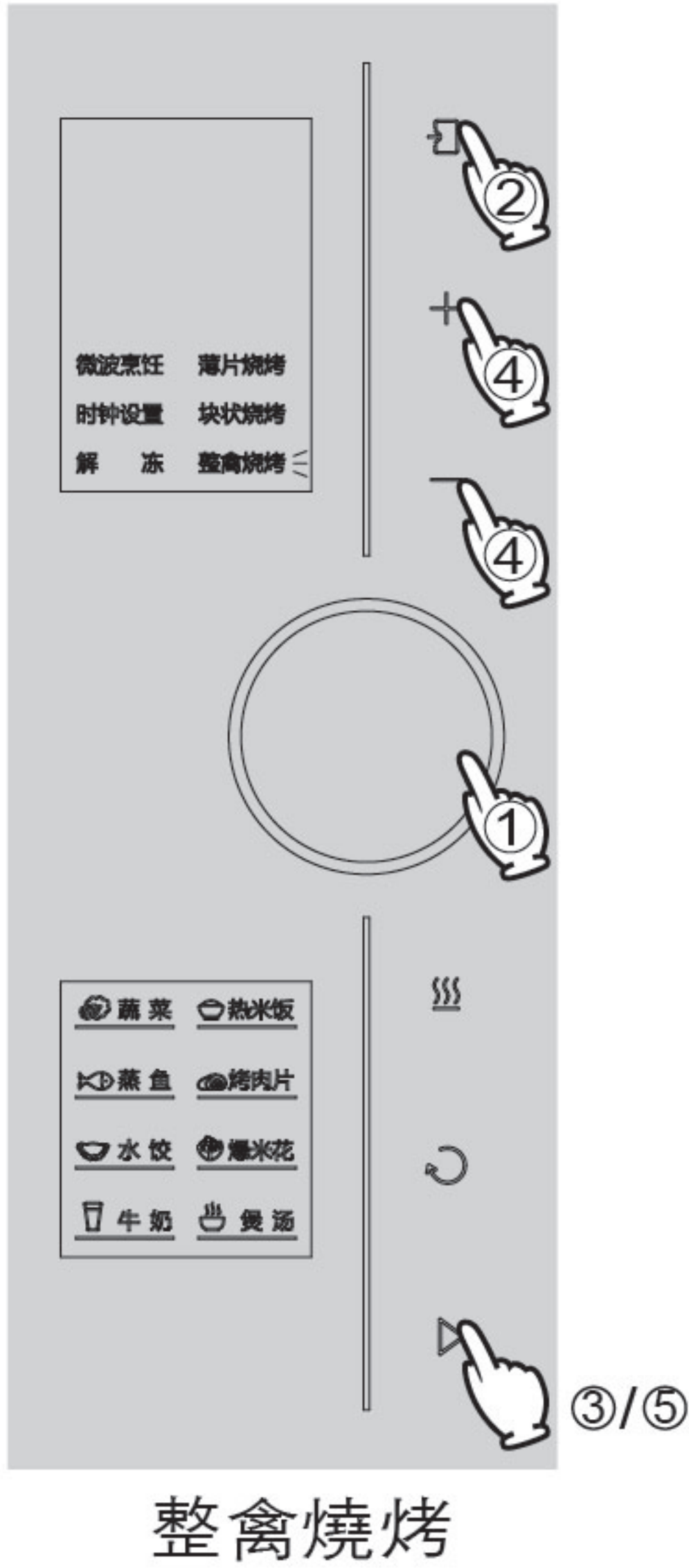
- 整禽燒烤烹飪的操作(該烹飪模式為55%的微波火力+45%的燒烤火力組合烹飪，適用於肉類，整鷄，鴨，鵝等。)

第一步：選擇功能。在顯示屏不亮狀態下，① 觸摸 ○ 鍵；② 再觸摸 𠄎 鍵，使顯示屏顯示：“整禽燒烤”，同時其它基本功能圖標亮起；③ 此時再觸摸 ➤ 鍵，屏幕閃爍顯示：“0:10”、同時“整禽燒烤”、“分”和“秒”字符亮起；

第二步：設置時間。④ 時間閃爍時通過 + 鍵或 - 鍵設置時間；

第三步：⑤ 觸摸 ➤ 鍵確認，整禽燒烤開始工作。

工作時顯示：“⦿”、“𠄎𠄎𠄎”設置的時間開始倒計時、“分”、“秒”和“整禽燒烤”。



整禽燒烤

- 解凍烹飪的操作

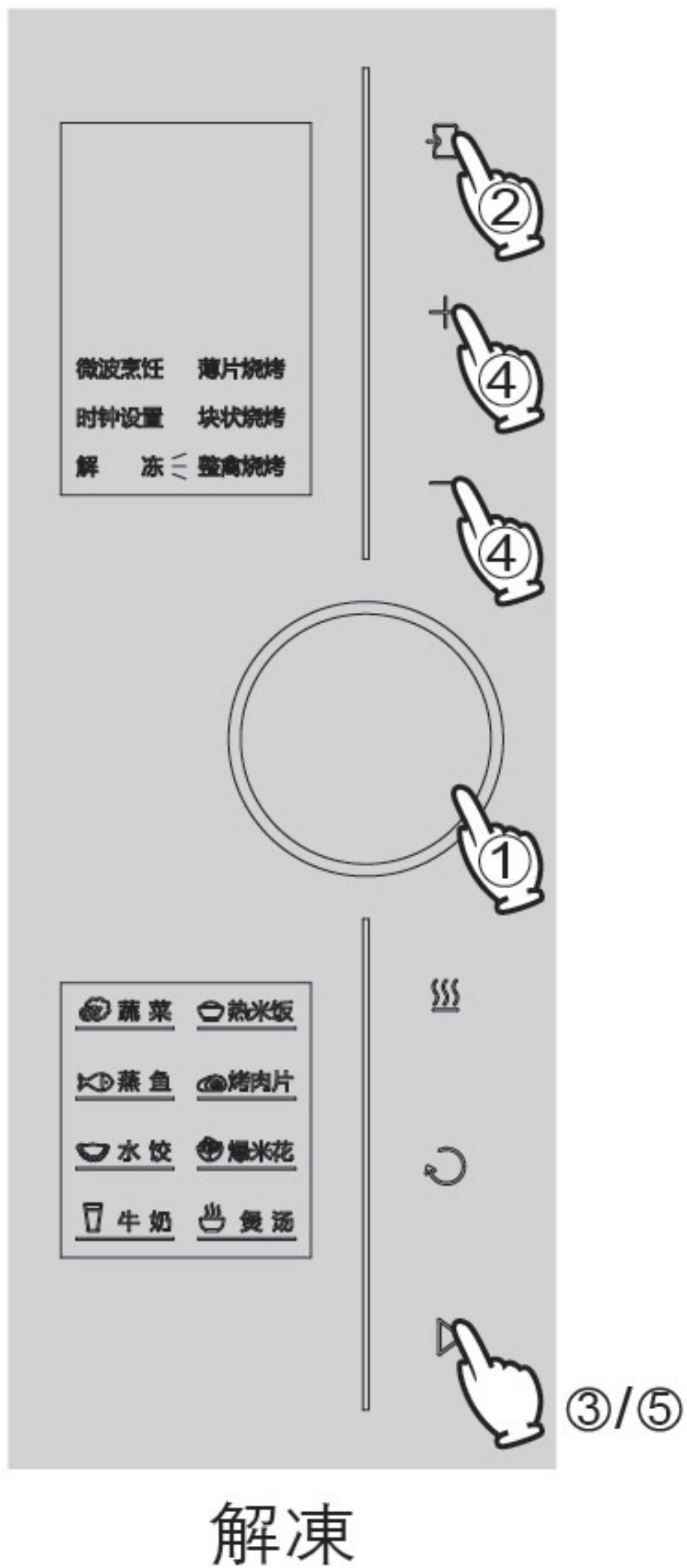
第一步：選擇功能。在顯示屏不亮狀態下，① 觸摸 ○ 鍵；② 再觸摸 𠄎 鍵，使顯示屏閃爍顯示：“解凍”，同時其它基本功能圖標亮起；③ 此時再觸摸 ➤ 鍵，屏幕閃爍顯示“0.10”、同時“kg”、“解凍”字符亮起；

第二步：設置重量。④ 重量閃爍時通過 + 鍵或 - 鍵設置重量。每加 / 減一次重量，加 / 減為0.10kg。也可連續加 / 減重量；

第三步：⑤ 觸摸 ➤ 鍵確認，解凍開始工作。

工作時顯示：“𠄎𠄎𠄎”、相應重量對應的時間開始倒計時、“分”、“秒”和“解凍”。

注：重量範圍0.10kg~1.80kg，加熱過程中會報警提示用戶翻轉食物，時間停止，觸摸 ➤ 鍵繼續工作。



解凍

三、固定菜單操作

第一步：選擇功能。在顯示屏不亮狀態下，① 觸摸 ○ 鍵；② 再觸摸 𠄎 鍵可以選擇不同的菜單。

第二步：設置重量。③ 觸摸 ➤ 鍵選定功能后；④ 觸摸 + 鍵或 - 鍵設置選擇菜單的不同重量；

第三步：⑤ 觸摸 ➤ 鍵確認重量，開始對菜單進行烹飪。

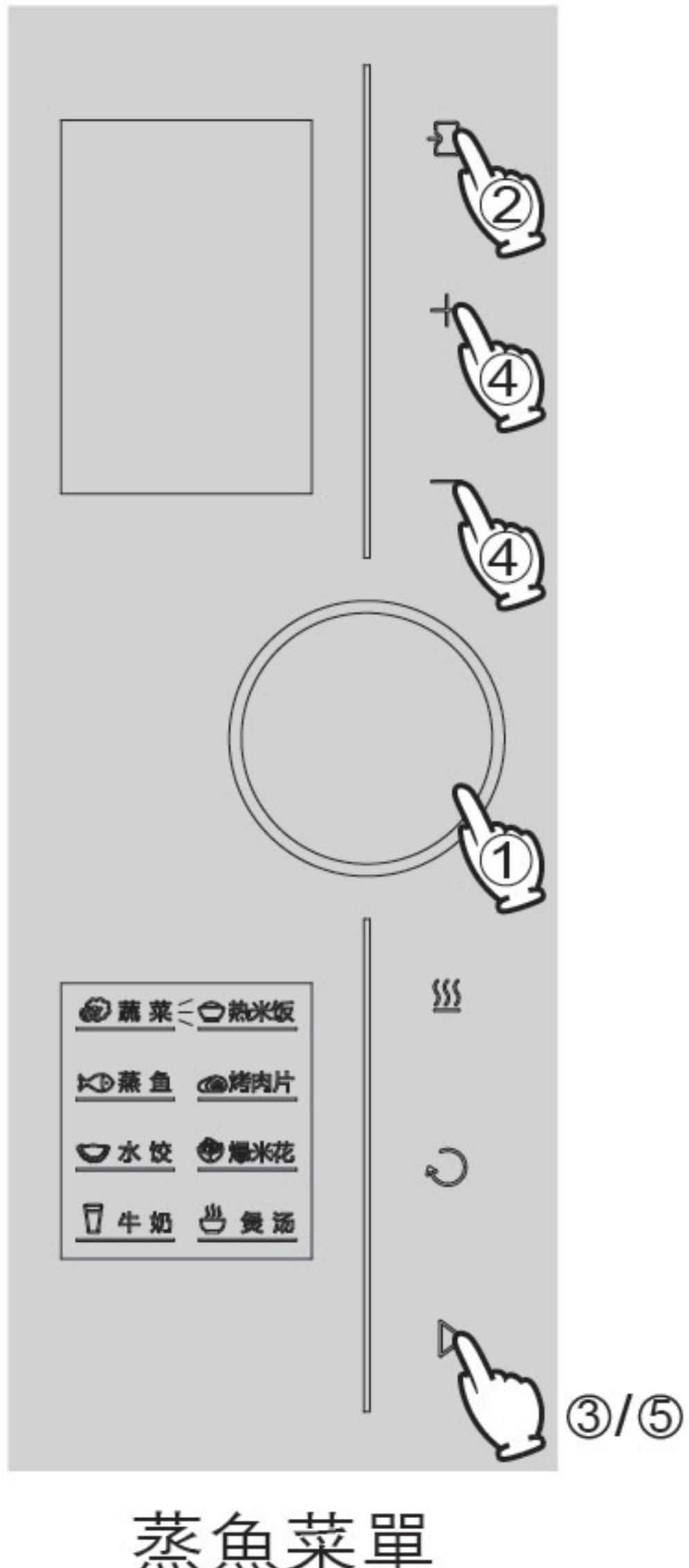
例如：對0.30kg的蒸魚進行烹飪。

①、在顯示屏不亮狀態下，觸摸 ○ 鍵，再長按 𠄎 選擇到蒸魚模式后，觸摸 ➤ 鍵。

②、觸摸 + 鍵1次。

③、觸摸 ➤ 鍵進行烹飪。

工作時顯示：相應重量對應的時間開始倒計時、“分”、“秒”和“蒸魚”。蔬菜、烤肉片、水餃、熱米飯、爆米花、牛奶和煲湯烹飪的設置與蒸魚類似。



蒸魚菜單

菜單和對應的重量範圍：

固定菜單名稱	重量範圍
蒸魚	0.20kg~0.60kg
烤肉片	0.20kg~0.60kg 加熱過程中時間會暫停提示用戶翻轉肉片，觸摸 ➤ 鍵繼續工作。
水餃	0.10kg~0.50kg
熱米飯	0.15kg~0.60kg
爆米花	0.07kg/0.13kg
牛奶	0.23kg~0.69kg
蔬菜	0.10kg~0.50kg
煲湯	0.50kg~1.5kg



- 1.以上設置的程序是按食物在20°C-25°C(牛奶是在4°C-6°C)溫度下設計的。若食物處于不同的溫度下煮食效果會有所不同，請自行調整煮食時間。
- 2.在蒸魚時，建議用一層保鮮紙覆蓋食物。以防止在煮食過程中水份蒸發。
- 3.食物的形狀，重量及溫度會影響到最終的效果。在使用自動菜單時請遵照以上提到的條件，若最終結果不能滿意，請自行調節。
- 4.自動菜單烹飪的效果受個人的煮熟習慣，食物的擺放，形狀大小，份量及電網電壓的高低等因素的影響，如有不熟再根據實際情況適當調整烹飪時間。

四、其它附加功能

返回功能

- 1、參數設置時返回上一級菜單。
- 2、烹飪狀態時終止工作并返回至菜單初始界面。

多段功能的設置

多段功能解釋：連續設置和連續工作的功能。可連續設置不同的或相同的火力和時間。可按照連續設置的功能先后順序連續工作的功能。

- 在多段功能設置時，微波烹飪、薄片燒烤、塊狀燒烤、整禽燒烤這四個功能可以設置多段。
- 且連續兩段不可同為P100微波、薄片燒烤、塊狀燒烤、整禽燒烤。
- 多段功能最多可設置三段。

例如：對一碗粥進行不同火力的加熱。

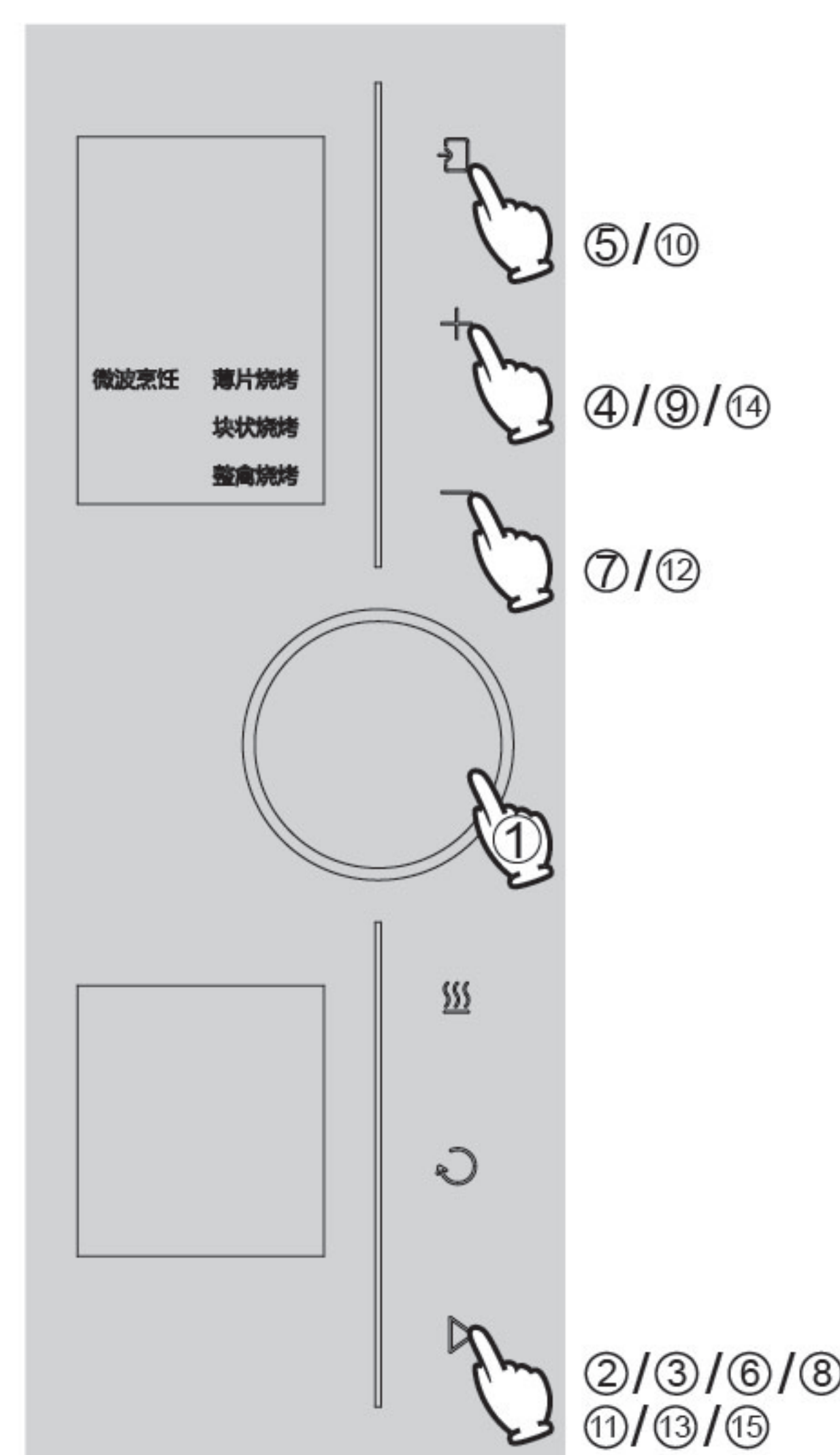
第一步：設置第一段功能。按照微波設置方法設置微波100%火力6分鐘，圖中手指的1、2、3、4步。（不要觸摸 ▷ 鍵進行第二步）

第二步：設置第二段功能。再按照微波設置方法設置微波40%火力5分鐘，圖中手指的5、6、7、8、9步。（仍不要觸摸 ▷ 鍵進行第三步）

第三步：設置第三段功能。再按照微波設置方法設置微波20%火力4分鐘，然后觸摸 ▷ 鍵，開始工作。圖中手指的10、11、12、13、14、15步。

查詢功能

在工作的時候，可以觸摸 ⏸ 鍵一次，顯示屏顯示：“⌚”、當前時鐘時間，5秒鐘后自動返回到工作界面。



多段功能的設置

風扇延時功能

風扇在微波爐工作停止后，風扇會持續運轉2分鐘。給整機降溫，達到延長整機使用壽命的作用。

門控制

門打開爐燈不亮，如果微波爐是工作狀態，那么工作將被停止。關門后仍處于暫停狀態，觸摸 ▷ 鍵可再啟動。

節能功能

首頁非工作中20秒無操作，則自動關機。

微波爐使用方法

一、微波

1. 微波是自然界常見的一種高頻率電磁波，可以用來加熱。但在自然界是分散的，因此無法將其用于加熱。
微波爐是利用磁控管將電能轉化為微波能，在微波爐的封閉內膽中形成一個巨大的微波能量場，使食物分子激烈震蕩從而達到加熱的目的。
2. 微波具有以下三種特性：
 - 1) 吸收性：微波能够導致食物分子之間激烈震蕩，從而達到加熱的效果，但微波滲透的能力取决于食物的尺寸，形狀及食物的特性。
 - 2) 反射性：微波在內膽金屬之間的表面能够反射，建立一個穩定的微波能量場，這樣將不會導致內腔局部過熱。
 - 3) 滲透性：微波能够穿透陶瓷，玻璃和耐高溫塑料，建議使用微波能够很好穿透的容器。

二、微波烹飪技巧

- ★ 食物的放置：
較厚向外，較薄向內(中央)。將盛有烹飪食物的微波容器放置在微晶玻璃板的中心烹飪效果最佳。
- ★ 決定烹飪時間：
開始時先用較短的烹飪時間，然后再根據烹飪后的情況而追加時間。若烹飪時間過長，會引起食物燒焦、起火。
- ★ 食物的覆蓋：
用耐微波保鮮紙、蓋或紙巾把食物覆蓋好。這樣可以防止汁液飛濺，以及幫助食物均勻烹飪。
- ★ 食物的局部遮蓋：
以防止肉塊細薄部分烹飪過度，解凍時應用鋁箔紙把這些部分包好。
- ★ 食物的攪拌：
必要時于烹飪過程中由外至內攪拌食物一至兩次。
- ★ 食物的翻轉：
烹飪鷄腿、漢堡或扒類時，時間過半翻轉，以達均勻的烹飪效果。

★ 食物的重新放置：

在烹飪中途置換食物的位置，如外圍及中部食物的交換，以及上層和下層的交換，以達均勻的烹飪效果。

★ 食物的擱置：

烹飪之后，應擱置一段適當時間。若有可能，應將食物由爐中取出并攪拌。擱置時加蓋，可讓食物完全的烹飪。

★ 熟度檢查：

烹飪后食物之顏色及軟硬，可作為測試其生熟程度，方法如下：整個食物是否都有蒸氣溢出，而非只是局部或邊沿；家禽關節部分是否容易撕開；肉塊或家禽已無血可見；魚肉已煮熟（非透明），且可用刀叉輕易撕碎。

★ 濕氣的凝聚：

濕氣凝聚是微波爐烹飪的正常現象。烹飪中，食物內部的水份和濕氣受熱蒸發，使爐腔內的含水量增加，（一般來說，加蓋的食物比不加蓋的食物所凝聚的濕氣較少）。故應經常保持微波爐通風暢通無阻。

★ 微波用煎碟：

採用煎碟或可加熱之材料用具時，應先用一耐熱絕緣體如陶瓷碟把煎碟與陶瓷底板分隔，以免陶瓷底板受熱過度而爆裂。

★ 微波用保鮮紙：

烹飪多油的食物時，由于保鮮紙有溶化的可能，故不可讓保鮮紙和食物表面接觸。

★ 微波用塑膠器皿：

有些微波爐用的塑膠器皿不宜用來烹飪多油或多糖的食物。



警告：在使用微波火力時不可爐內無食物工作，且不可使用金屬器皿，以免造成打火現象或發生危險。

三、微波和燒烤

微波具有穿透性，可以穿透到食物的內部，能夠較快的將食物煮熟，但不能使食物表面變黃、變脆。

燒烤是光波管輻射加熱，能夠將食物表面烤成焦黃色，增加其色澤感，但若食物較厚，有可能是表面已經烤焦了，內部却還未烤熟。

故而使用微波爐的燒烤組合功能，可以根據食物的特點，結合利用微波與燒烤兩種加熱方式的優點，達到滿意的效果。

四、解凍

將冷凍食物解凍是微波爐的一大特點。微波單邊穿透食物的厚度不能超過4cm，若是解凍較厚的大塊食物時，要不時的翻轉，并且要將已解凍的部分取出，以取得較好的解凍效果。否則有可能會造成食物表面已發熱，而食物中心仍未解凍。

1. 解凍過程中翻轉食物是必要的，以保證食物解凍均勻。
2. 解凍的效果以刀能夠容易切動效果為佳。
3. 一般解凍食物比煮食物時間相對要長一點。
4. 經解凍后的食物請盡快食用，不宜再放入冰箱內冷凍。

五、解凍食物方法

★ 排骨

- 用鋁箔紙將排骨的較細端裹起來。
- 將排骨單層鋪在淺盤上并將最薄的部分放在中央，若排骨連成一塊，應盡可能地將其分散。
- 解凍至中途時，把排骨翻轉并包裹已解凍的部分。
- 重新放置，關上爐門繼續解凍。
- 在解凍之后，讓鋁箔紙包裹5分鐘~15分鐘。

★ 牛肉（碎肉）

- 放置牛肉在一個淺盤上，用鋁箔紙包裹牛肉的邊緣。
- 解凍至中途時，把食物翻轉，拿出已經解凍的部分，再用鋁箔紙重新包裹邊緣。
- 關上爐門繼續解凍。
- 在解凍之后，讓鋁箔紙包裹5分鐘~15分鐘。

★ 烤肉（牛肉／猪肉／羊肉）

- 用鋁箔紙包裹食物邊緣。
- 將其放置于淺盤中。
- 解凍至中途時把食物翻轉并包裹已解凍部分。
- 關上爐門，繼續解凍。
- 在解凍之后，讓鋁箔紙包裹10分鐘~30分鐘。

★ 家畜

- 除去原來的包裝，用鋁箔紙裹住翅膀和腳。
- 將其胸脯朝下放置于淺盤上。
- 解凍至中途把食物翻轉并包裹已解凍部分。
- 關上爐門，繼續解凍。
- 在解凍之后，讓鋁箔紙包裹10分鐘~30分鐘。

★ 鷄塊（鷄翅和鷄腿）

- 用鋁箔紙包裹暴露的骨頭。
- 將鷄塊放置在淺盤上。
- 解凍至中途時把鷄塊翻轉并包裹已解凍的部分，重新放置。
- 關上爐門，繼續解凍。
- 在解凍之后，讓鋁箔紙包裹5分鐘~30分鐘。

烹飪用具的選擇


根據不同的烹飪方式，選擇安全合適的器皿是十分必要的，如果選擇不當，不僅會影響烹飪效果，而且還會造成損壞器皿或微波爐的不良后果。請參照下面表格使用：

容器種類	微 波	燒 烤	燒烤組合
耐熱性玻璃容器 	可使用 ⚠ 果醬等產生高溫的食品請使用抗突冷、突熱的超耐熱玻璃制品。	不可使用	不可使用
無耐熱性玻璃容器 	不可使用 ⚠ 雕花玻璃、強化玻璃也不能使用。	不可使用	不可使用
耐熱性塑料容器 	可使用 ⚠ 請使用有[可微波爐用]標識的容器。 ⚠ 請注意容器蓋中有耐熱性差的一類。 ⚠ 密封性強的蓋子請避免使用。 ⚠ 含高油、高糖份的食物可產生高熱不能使用。	不可使用	不可使用
無耐熱性塑料容器 	不可使用 ⚠ 受微波影響變質的東西不能使用(聚乙烯、三聚氰氨、酚、尿素樹脂等)。 ⚠ 只是解凍生鮮食物時泡沫制托盤可使用。	不可使用	不可使用
陶器 · 瓷器 	可使用 ⚠ 有彩圖、金銀裝飾的容器會引起顏色剝落、打火，不應使用。	可使用 ⚠ 內側有彩圖的容器，會引起顏色剝落請避免使用。	可使用

容器種類	微 波	燒 烤	燒烤組合
漆器 	不可使用 ⚠ 有可能發生漆脫落、斷裂現象。	不可使用	不可使用
鋁等金屬容器 	不可使用 ⚠ 金屬網、金屬串等也會引起火花不能使用。 ⚠ 微波爐專用的着色用盤(金屬制品)也不能使用。 ⚠ 金屬刀叉之類不可在微波下放入爐內使用。 ⚠ 方便面封口的金屬紙也不可 使用。	可使用 ⚠ 如果把手是樹脂材料的鋁等金屬容器也不能使用。	不可使用
木 · 竹 · 紙制品 	不可使用 ⚠ 容易燃燒。	不可使用 ⚠ 經過耐熱加工處理的紙制品能使用。	不可使用
燒烤架 	不可使用	可使用	可使用
微波爐專用保鮮膜 	可使用 ⚠ 多油食物會產生高溫不能使用。	不可使用 ⚠ 經受高溫會熔化。	不可使用
鋁箔 	不可使用 ⚠ 利用微波反射性質有時也使用(比如解凍生鮮食品)，但切記鋁箔不可觸碰內膽內壁。	可使用 ⚠ 用鋁箔把食物包好進行烘烤。	不可使用

★ 檢查容器是否可在微波爐內安全使用：
拿一個玻璃杯裝300ml的冷水，和試驗的容器一起放進微波爐裏，調至高火煮一分鐘（微波）。假如這個容器未升溫且未損壞，但水變熱，那麼它就是安全的微波烹飪容器，若這個容器變熱，證明它已經吸收了一些微波，絕對不可使用，這個試驗不可用在塑料容器上（該試驗僅作參考）。

清潔與保養

- 警告：

在每次清潔前，先切斷電源。使用過程中，微波爐內部會變得很熱，爲了避免燙傷，請您等到微波爐冷卻以後再做清潔。每次使用之後都應該進行清潔，以免間隔太長會給清潔帶來不必要的麻煩，長期積攢的污垢可能會無法清潔干淨。在某些情況下嚴重的污垢甚至會損害電器設備。
- ★微波爐表面：
- 微波爐表面可用一塊沾有中性清潔劑和溫水的布清潔，不要使用帶有磨損性、腐蝕性的清潔劑清潔器具（不銹鋼表面建議使用3M五威金屬防銹潤滑噴劑）。
- ★爐門：
- 用溫熱的濕布擦拭門、門窗的兩邊、密封圈及鄰近的部位，不要使用帶磨損性、腐蝕性的清潔劑。
- ★控制面板：
- 在清潔面板時需小心，不要沾過多的水，用一塊軟布沾適量的水來擦拭（假如控制板被弄濕，請立即用軟性干布抹擦），不要刮，也不要使用磨損性、腐蝕性的清潔劑。
- ★燒烤架：
- 使用後請及時用中性清潔劑清洗。
- ★內膽：
- 爲了更衛生，在每次使用完後，請用軟布沾溫水清潔內膽表面，擦去殘留的食物渣滓，不要使用帶磨損性、腐蝕性的清潔劑，清潔器具。
- ★玻璃接油盤：
- 待玻璃接油盤冷卻後，請及時用中性清潔劑清洗。



微波爐使用一段時間後，爐內可能會出現異味，採用以下兩種方法可以消除：

1. 放置一杯檸檬汁在爐內，高火力微波烹飪 2-3分鐘。
2. 放置一杯紅茶在爐內，高火力加熱2-3鐘。

主要技術參數

型號	HW25800P-C2T
額定輸入功率	微波 1250W 燒烤 750W
淨重	約20kg
均勻加熱方式	平板旋波
額定電壓	220-240V~/50Hz
微波輸出功率	800W
額定微波頻率	2450MHz
噪聲值	60dB(A)(聲功率級)
爐腔容量	25L
外形尺寸	595mm(寬) x 385mm(高) x 420mm(深)

裝箱清單

整機	1臺	產品保修卡	1份
使用說明書	1份	燒烤架	1個
十字槽圓頭木螺釘4×25（鍍黑鋅）	4顆	玻璃接油盤	1個

維修事項

一、維修前檢查

將一杯150ml的水裝進玻璃容器裏，置于爐內微晶玻璃中央，把爐門關妥，啓動微波烹飪功能讓微波爐工作1分鐘。

1. 照明燈是否亮？
2. 風扇是否轉動？（把手放在前部出風口外）
3. 1分鐘後容器內的水是否燒熱？

如果以上問題的回答有一項爲“否”，請檢查電源插座及保險絲，如果電源插座及保險絲均未出現故障，請致電方太幸福服務熱綫。

二、維修注意事項

注意：微波輻射！

警告：微波爐內有微波輻射及高壓，除了有資格的維修技術人員，嚴禁自行拆修，以免對人體造成傷害。


易被拆掉并可能觸及到250V以上的部件：

1. 磁控管
2. 高壓變壓器
- 3.高壓電容器
4. 高壓二極管

操作不當或損壞時可導致過度微波泄露的元件：

1. 磁控管在波導管上安裝不當。（包括螺釘未擰緊）
2. 門鉤及門體固定在上、下鉸鏈上調整不當。
3. 聯鎖支撐安裝不當。
4. 門、門封、外殼發生損壞。

重要警告事項：

警告：

如果微波爐門或門封已損壞，則不得再使用，直到經有資格的維修人員修好為止。

除有資格的維修人員外，其他人來執行檢修操作都是危險的，包括拆下防止微波能量泄漏的防護蓋等操作。

如果電源軟綫損壞，爲了避免危險，必須由制造商、其維修部門或類似部門的專業人員更換。

爲保障安全和正確使用，本產品必須由本公司指派的专业人員進行維修。如因消費者委托非本公司指派的人員或消費者自行維修，而導致產品不能正常使用的，即使在保修期內，也不屬於免費維修範圍，由此所造成的任何財產損失，人身損害，本公司亦不承擔任何責任。


常見故障解答

問題	起因	解決方法
非省電模式下微波爐顯示板無顯示	沒有插緊電源	拔除插頭，待10秒鐘后重新插上電源
	保險絲燒掉或電路斷路器發生作用	聯絡指定維修點進行維修
	插座有問題	用其它電器再測試插座是否有問題
微波爐不能啓動加熱	爐門未關妥	小心關好爐門
	未按  鍵	按  鍵
	輸入其他程序	按  鍵或  鍵清除已輸入的程序，然后重新輸入烹飪程序
	烹飪程序輸入錯誤	參考說明書，正確輸入烹飪程序
	不慎按下  鍵	重新輸入烹飪程序

上述故障排除后，微波爐仍不能正常工作，請致電方太服務熱綫。

客戶服務

如微波爐在使用中發生異常狀況，請停止使用，拔去電源綫插頭，請致電方太服務熱綫。

警告：

只有經過專業培訓的、并獲得微波爐維修資質的維修人員，才能對微波爐進行維修。其他人員不得擅自維修該微波爐，以免造成嚴重后 果。

免費保修注意事項：

1. 下列項目不屬於免費保修範圍，在具備修理條件，且能清晰識別產品包裝箱或整機標貼上“產品編號”的情況下，實行收費修理：
- ◆消費者因搬運、安裝、使用、維護、保管不當造成損壞的；

◆私自拆動造成損壞的；

◆無有效發票的；

◆因不可抗力造成損壞的；

◆由于產品使用環境，例如：電源、溫度、濕度等非本公司所能控制的因素引起的一切損壞和損失，均不在免費保修範圍之內，本公司也不承擔任何責任。
2. 無法清晰識別產品包裝箱或整機標貼上的“產品編號”時，請聯系銷售商，由銷售商按照國家有關規定提供三包及其他服務，本公司不提供安裝調試、退換貨、修理等服務。